



# Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies January/February 2014

## SPECIAL NEW YEAR'S DAY

### MEDITATION

**6:10 PM**

*Now available by teleconference.  
See Epage in this Issue of  
SpiritCentral for more information.*

#### Home Center - New York City

**Mail:**

Center for Religion and  
Advanced Spiritual Studies  
and  
Cosmos Tree, Inc.  
1461A First Ave. - #182  
New York, NY 10075  
212-828-0464

email: spiritcentral@yahoo.com

**Web sites:**

[www.spiritcentral.org](http://www.spiritcentral.org)  
[www.cosmostree.org](http://www.cosmostree.org)

#### Regional Centers

**California**

Los Angeles area  
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423-975-6868

**Wisconsin**

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Alice Shuman-Johnson  
608-838-7968

#### OUTSIDE THE U.S.

**Mexico**

Queretaro area  
Barry Lippman  
52-442-224-3042  
From the U.S.:  
347-448-2310

### *"I'm Dreaming Of... ?: A Participatory Satsang"*

Our Teacher, Dr. Roger B. Lane, began the December Satsang by leading participants in a Process. "Lord, God send us Your Light and we put this time together into Your Light for the Highest Good!" This is fill in the blank. 'I dream of... .' (Pause) 'I dream of... .' (Pause) 'I dream of... .' (Pause) 'I dream of... .' (Pause) 'I dream of... .' (Pause) 'I dream of... .' (Pause) 'I dream of... .' (Pause) 'I dream of... .' (Pause)

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### *"Are You Blaming it On The Bossa Nova? The President? Your Basics?: A Participatory Satsang"*

Our Teacher, Dr. Roger B. Lane, began the November Satsang by saying, "I want to talk a little bit about something that I've really noticed and observed. ... I had a conversation with someone and I was blown away because when I asked this person, ... 'Why did you do that? That was so detrimental.' And this person's response was, 'Oh, well! My basics were running wild.' And I thought, 'Wow! ... What's your Responsibility? What did you do with that?' It's very nice to say, 'My basics were running wild.' But I looked to see if her basics were running wild and, actually, I didn't see basics running wild at all. I just saw basics doing what basics do, which is bring forth karma, see, because God in His Kindness and Mercy to us - what did He do? He gave us Choice, Free Will. So that means we're not a victim. We're not a victim of our karma. So we have Power.

"Many of us blame it on the situation, on our basics. At least with the Bossa Nova, you blame it on the Bossa Nova. What are you blaming on the Bossa Nova? Well, that you're dancing around and moving. I'm probably giving away my age but it was a big song back when. ... You allow your basics to run wild and you're miserable and you're being dishonest because you're not identifying with Who you are and What you are, Which is Spirit.

And you're playing victim. OK. See. And I was fascinated, also, because a couple of weeks later I had a conversation with the same person and she wanted something from the closet. I said 'OK. Go get it from the closet!' And she said 'I don't know where it is.' And that was it. And, of course, try to have someone else do the work. And I thought 'Wow! You know, that's just a wonderful way to make sure that you

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### *Save The Date!*

**On January 16,  
10-11 AM Pacific/ 1-2 PM Eastern  
Dr. Lane will be Interviewed  
on The Dr. Pat Show.  
Listen Live by going to  
[www.thedrpatshow.com](http://www.thedrpatshow.com)  
scrolling down the right-hand side  
and clicking on Listen Now  
at the 10AM/1PM time period!**

### *"Holiday Satsang 2013"*

On December 14th, many Initiates of the Sound Current attended the annual Holiday Satsang, both in New York City and via teleconference from around the country.

After the start of the Holiday party followed by a Meditation Of The Light Of The Most High, Dr. Lane began His annual Holiday Satsang by saying, "Well, I guess we'll have to talk a little bit about Christmas. ... Obviously, this is Christmas; I want to give you the outer story but also the inner meaning of it. ... We know that the Christ, Jesus was born in a manger so He was born ... in this world, with the lower self as well. And He wasn't automatically Christed without any effort on His part. ... He comes and He's born. He is born here. Remember the Magi! The Magi ... were basically 'astronomers' and they knew that, according to the North Star, that this child would be born. And the North Star is what but one's Destiny? So what's really being said is 'here comes man's Destiny!' 'Here comes the Christed Consciousness.'

"John the Baptist said, 'Hey I baptize by water! The One Who is coming - watch it, mamacita! - He's going to be baptizing by fire.' ... The Christ, Jesus said that He was of the House of David. We all

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# Events Calendar

## Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's The Sound Current: The Path of God-realization (what we affectionately call "The Blue Book").

In this Booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little Book explains the Sound Current; karma; the Law and the Way Home.

Call or write today for your free copy!

### SpiritCentral

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#### editor

Melissa Sones

#### editorial staff

Amy Blank (layout)

#### advisor

Dr. Roger B. Lane

### SpiritCentral

1461A First Ave. - #182

New York, NY 10075

212-828-0464

e-mail:

spiritcentral@yahoo.com

websites:

www.cosmostree.org

www.spiritcentral.org

### OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and Lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Jan. 7, 14, 21, 28;

Feb. 4, 11, 18, 25 -- 7:30-8pm EST

Wed. Jan. 1, 8, 15, 22, 29; Feb. 5, 12, 19, 26 -- 4:30-5pm EST

### MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

### CALIFORNIA

**Los Angeles area:** Alternate

Mondays. Please email

LosAngelesMeditation@gmail.com

for details.

### HAWAII

**Big Island:** Every Thurs. 7-8pm

beginning Jan. 9 through Feb. 20.

Please call 808-937-5958 for location.

### TENNESSEE

**Johnson City area:** Every 2<sup>nd</sup> and

4<sup>th</sup> Mon. 7pm. Call 423-975-6868 for

details.

### WISCONSIN

**Madison area:** Every 4<sup>th</sup> Sun. 5pm;

Every 2<sup>nd</sup> Sun. 5pm Meditation For

Health And Well-Being.

Call 608-838-7968 for location.

### OUTSIDE THE U.S.

### MEXICO

**Queretaro area:**

Call 52-442-224-3042 or in the U.S.

347-448-2310 for details.

### NEW YORK

**New York City:** Every Mon. 7:30 pm; Wed. (except 1st Wed. of the month) and Thurs. 6:10pm; Sun., Jan. 12 & Feb. 9: 10:30 am; Sun. Jan. 26 & Feb. 23 Special 2-hour Meditation; Meditation for Health and Well-Being East Side (Home Center): Tues. Jan. 21; Feb. 18 — 8:15 pm West Side: 517 West 113th St., #33 (between Broadway & Amsterdam) Tues. Jan. 28; Feb. 25 — 8:15 pm

### New Teachings Study Group Using SpiritCentral as the Tool!

Jan. 12th & Feb. 9th

3:00 PM EST

Facilitated by Editor-In-Chief

and Experienced

Sunday Program Leader

Rev. Melissa Sones

Available By Teleconference

### VIDEO SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

### NEW YORK

**New York City:**

Every Thurs. 6:30pm.

Time Warner - Channel 57

(until Jan. 22 then Channel 1997)

RCN - Channel 84

Verizon (FiOS) - Channel 35

### Brooklyn

Every Sat. — 4:30pm

Cablevision - Channel 68

Time Warner - Channel 35

RCN - Channel 83

Verizon - 43

For those outside New York City, please go to [mnn.org](http://mnn.org) at 6:30 PM Eastern, Thursdays, Scroll down to "Spirit Channel" Click on "Watch Now"

Video Showing and Discussion: last Sun. of every month 1-2 pm at NYC Center

## Join Us For An Hour Of Spiritual Instruction!

*"What Is Commitment On The Path Of Soul Transcendence?:"*

*A Participatory Satsang"*

**January 8, 2014**

**6:50 pm EST**

*"Thank You': Code For 'Hello' Or 'Goodbye' To Opportunity?-"*

*A Participatory Satsang"*

**February 5, 2014**

**6:50 pm EST**

**Satsangs  
by Dr. Roger B. Lane**

## SpiritCentral.tv

Has Launched!  
GO THERE!

New York City:

Every Wed. 8:30 PM

Time Warner - Channel 57

(until Jan. 22 then Channel 1997)

RCN - Channel 84

Verizon (FiOS) - Channel 35

For those outside New York City,

please go to [mnn.org](http://mnn.org) at

8:30 PM Eastern,

Wednesdays,

Scroll down to "Spirit Channel"

Click on "Watch Now"

### Listen to Our Monthly Podcasts!!!

[www.cosmostree.org](http://www.cosmostree.org)

[www.spiritcentral.org](http://www.spiritcentral.org)

*Jan: "What Do You Want Out Of Life?"  
(CD/MP3 A13)*

*Feb: "Prayer: What It Is,  
How To Pray And How To  
Receive The Response"  
(CD/MP3 A27)*

## Winter Semester

### The Teachings and HU-mankind Class (10 weeks)

**Wednesdays March 12 - May 14, 2014**

**Given by Dr. Roger B. Lane**

The Student builds upon his/her experiences of, and knowledge of, such important aspects of the Teachings Of The Path Of Soul Transcendence as Acceptance; Inherently Worthy; Surrender; "Giraffe Consciousness"; and Grace and builds the Soul's Responsibility to do likewise. An important course in learning to Minister to "others."

Please see Epage in this issue of SpiritCentral for more information or call Registrar, Amy Blank at 708-846-1031.

## The New cosmostree.org Web Site VISIT IT!

- All Tools For Living Free available instantly!
- Over 190 Talks by Dr. Lane available as MP3s – download Them instantly!
- Online Workshops! Take the First One Now!
- Meditation Schedules for all Centers!
- Podcasts
- A New Search Box – find what you want instantly!
- And Much More!

Continued from page 1 - "I'm Dreaming Of ... ? : A Participatory Satsang"

of... ' (Pause) 'I dream of... ' (Pause) 'I dream of... ' (Pause) Now when you can just bring your Consciousness back here and just quickly inventory what ... kind of qualities do your responses have. What kind of qualities do they have? ..."

Dr. Lane then invited participants to share. One said, "... 'If only I had this ...' It wasn't very powerful, just more of the same stuff." Another individual shared, "The first thing that came was humanity to know themselves as Spirit. ... There were some things, things that I'd like to have ... Things I would like to do. ..." Yet another person shared, "For me it was different versions of flying, soaring, upliftment, connected, God, free. ... It was a continuum of Love." Another shared, "The qualities that came up for me were purpose, beauty, flow ..." And yet another said, "The qualities that came up for me were all Spiritual. Peace, tranquility, Joy. ..." Another person shared, "Freedom and humor. ..." A final participant responded, "No-thing. ..."

Our Teacher then taught, "So it's interesting that the range of responses really has to do with what I want to present in the Satsang. And that is that we do spend a lot of time dreaming and I think the first person's response really kind of summarized it very nicely, in that it was a quality of 'not having much power; it seemed far away; it really wasn't real; it was like in dreamland.' ... We are Responsible for every thought, every feeling, every creation. So when we spend a lot of time in dreamland, wishing for, etc., etc. there is that creation, there is that attachment that we become karmically Responsible for. And on top of it, it's a nice way of keeping it separate from yourSelf.

"Then it can be very, very illusionary like I dream of a better job. OK, what are you going to do? How do you take the dream and allow its manifestation? ... So what I'd want to be is a little more specific. ... Better in what sense? Environment, pay, I have more freedom, there's more creativity, I have more flexibility... So I'm going to go create that. How do I create it? I Co-Create it with God. So I'm turning a dream, an attachment, into a what? It becomes a plan of action through Co-Creation. ... Then what am I going to do? I'm going to put it into The Light [Of The Most High] for the Highest Good and I'm going to have it as a preference and I'm going to move towards it. ..."

"Many of us when we have dreams what do we do? We keep it as a dream. ... So I've got an attachment, I've got an illusion and I've moved no closer ... I have to bring it into action. ... And if I decide I'm not going to do it part of my Responsibility is what? Is to give the creation over to God and tell mySelf to let it go as well and declare it over. Otherwise, I have a line of energy to that dream.

"Many of us when we dream it is an ingenious way we have of pushing things into the future. ... And sometimes dreams can scare us ... Or they may seem too big for us; we shouldn't be dreaming that. Or it's not going to happen, it involves too much ... Well, do your part. ..."

"The Spiritual Truth is that we're all living a dream that we need to wake up from and this dream is life. ... This is the illusion. ... You're not here to further the dream. You're not here to further those essences, those beliefs, those, really, karmic fields ... Rather you're here, if you are an Initiate Of The Light Of The Most High, the whole training is to go 'in' and 'up.' So you're going 'in,' inside yourSelf where God is. And you're going 'up,' as it were, into the Soul body to be Present with God, to be Present with the Spirit that you *are*. ... All the rest - other than That - that's the dream to wake up from.

"Even if you have an action plan you want to bear in mind that, 'OK, I have an action plan for things in this world.' And that's fine and that's good but that's what it is. ... And that's what we do here: we tend to identify with the things of the world. And the Soul in Its Journey as a Soul has become confused. It's identified with things outside Itself, with thoughts, with feelings ... And so the training as a Lover of God is to reverse that. So that you can come into the Remembrance of yourSelf as Soul, as Spirit. So instead of going 'down' and 'out' into the world ... You do the reverse, you do the opposite, you go 'in' and 'up' and be with God. ... And the irony is that if you focus on yourSelf as Spirit, as Soul you can have so much more of the world. Because you're not attached. ..."

"Part of the dream that people dream is to keep themSelves in the dream. So I just want you to honest with yourSelf. ... How are you keeping yourSelf in the dream? How are you keeping yourSelf in the illusion? ... Give it to God! Do the Two-Part Release Technique! Give it on over! ... It's a dream you want to wake up from! So if you want to have your dreams of things in this world, work it constructively! Work it in terms of Co-Creation! ..."

"Part of waking up from the dream is being True to yourSelf because the dream is not who you are. ... Everything is perfect and you can use anything as an excuse. 'If only...' 'If only...' 'If only...' ... We manufacture 'if only's' to prevent us from being who we are, to face our fear, to Lift beyond it and to give ourSelves the Blessing of Spirit, of Soul. ... So if you have a dream on this planet, give it to yourSelf, remove it from dreamland! Have it be an action plan! But that too is going to take courage. ..."

"Wake up! You're Responsible! ... You are Supplied but God's not going to impose Himself on you if you want to have a life script that includes, 'If only...' ... But we have Power, we have Choice, we have Free Will. And we can take a dream - like the whole range of responses - from something that's removed, to something that has really no energy, or something that's too big or kind of scary to something that you're really, really Present with. ... Some of you were surprised that you didn't have a dream, that you had no-thing there. But that's beautiful. That's like a clear spot. ... You're starting to find the place in the mind where you're moving beyond the density of matter. ... that's part of the waking up as a whole."

"Yeah, it takes great Courage to see the Face of God. Stay in the Courage! ..."

A Spirited question-and-answer session followed.

**New Teachings Study Group**  
**Using *SpiritCentral* as the Tool!**

January 12th & February 9th

3:00 PM EST

Facilitated by Editor-In-Chief and Experienced Sunday Program Leader Rev. Melissa Sones

Available By Teleconference (beyond a 50-mile radius)

For More Information About Participating Via Teleconference Contact Administrator Rev. Amy Blank  
at 708-846-1031 or by email at [info@cosmostree.org](mailto:info@cosmostree.org).

remain karma-laden, karma-burdened. You don't know where it is in the closet so you make no effort to find it.

"But where are you? You have a conscious self. You have an ego in a sense. ... You use your ego in service. ... You can't complain about being a victim because you are making a choice. ... The solution is very neat. ... Nintendo. Just do what you have to do but do it neutrally. And we know that neutrally is in God's Name. ... You go about your business in His Name. In His Name. Stay Focused in the Spirit you *are*, in the Lord, God as you go about your business! ..."

"If you sit with negativity then it builds and it festers and it grows. But the interesting thing about what I teach is I don't teach karma. ... I just teach the Way of God, the Way of Grace, the Way of the Soul. But if God has given you Free Will and has given you Power and the Power is in Surrender to the Spirit you *are* and, if you choose to focus into your karma, well, then that's what you're going to inherit because you're in charge. You're in charge. ..."

"And the separation from the Spirit hurts. ... So we have this 'thing' called ... Grace. And The Teachings teach us Blameless Responsibility. Blameless Responsibility. So there you are blaming it on your basics. Basics are doing whatever they're supposed to do. Where are you in the process? Where's the exercise of your Free Will? We're Powerful Creators. We're Powerful Beings. ... So we come from a place of Spirit and Spiritual Knowing. And what's the Knowing? But that we are created in God's Image. That's means we're created out of the same 'material' as God. What's the 'material'? ... It's the Sound Current or the Holy Spirit, OK? So we're the Holy Spirit.

"Just think about this. Can the Sound Current or the Holy Spirit sit in karma? By definition no. Because karma is, by definition, your choice away from the Spirit you *are*. ... Even if you thought the basics were running wild, God Bless those basics because they gave you an Opportunity! Whether you took It or not is something else. But they gave you the Opportunity to choose into the Spirit you *are*, to strengthen yourSelf. ..."

"All these little choices we make away from exercising the Free Will - they add up and they add up and they add up. ... And they're the rubber bands the keep pulling us back into reincarnating ... That's pain. ... So our job here is to keep clear and be clear *moment-to-moment*.

"And how do you be clear? Well, part of It is you practice The Teachings. It's Blameless Responsibility. So you can't blame it on the Bossa Nova because, guess what? There are many times I heard the Bossa Nova and I didn't dance and other people didn't dance. So you can't blame it on the Bossa Nova when you're dancing because you had choice. It didn't make you dance. You choose into it. ... We have Choice. And it's really important to know that. ..."

"We need to exercise Responsibility. ... What is anybody going to do for you in terms of your own Progression, in terms of helping you to come into the Power that you are in terms of your own creations, in terms of you choosing into Spirit? What is anybody going to do for you? I can't even do It for you. Most of you don't even listen to what I say anyway. And you're looking to find a way to disabuse yourSelf of it, you know; or you do - I liken it to you'll take a little chunk, a little chunk, a little chunk. It's like cut and paste - 'let me cut and paste The Teachings to suit my agenda!' Before you know it, you cut and paste your own ten commandments and you are off in the desert. ..."

"You can have a lifetime exercising your choice, gaining freedom because we are created free and we are free, Spiritually. We've imprisoned ourSelves. We've enslaved ourSelves. The point is to have it undone. [ed's note: Dr. Lane is referring to having it "undone" by taking Initiation into the Sound Current and by following the Spiritual Instruction given by The Teacher to be a Lover of the Lord, God.] The point is to allow ourSelves to what?

To walk through that desert called human life; we walk out of Egypt-land. Egypt-land is where we are enslaved. We are enslaved by the karma we have created. We go through the desert and we receive the 'Ten Commandments' or the Sound Current or the Holy Spirit. And it's only through that Process that the Soul completes Itself and can be free. ... The Christ, Jesus spoke the Truth. 'Wide is the way but narrow is the gate that leads unto Eternal Life.' And 'If you see Me you've seen the Father.' ..."

"What He was saying was, 'Hey, I'm the Word made manifest. I'm the Sound Current. I'm the Word. I'm the Holy Spirit. And I'm manifesting.' ... And we see God not with our physical eyes but we go into the Soul Body and there we come to know God. And that Process is only done through Initiation into the Sound Current. It's the Way of the Christ and Those are The Teachings.

"And we enter into the Soul Body. And the nice thing about it is that in the Soul you come to know God *directly*. ... By the Upliftment of the Soul that is asleep on the different levels. And so as the Soul wakes up on the different levels it gets clear, and clear, and clear, and clear. And the gauze around It, as it were, the karma around It clears. And that's the point of God's giving us a body... If we blame it on our basics we've missed the whole point. ..."

"You know somewhere that they serve a Divine Purpose. And the Divine Purpose is helping you strengthen yourSelf, exercising Choice and choosing into the Spirit that you *are* rather than choosing into karma. So God gives us this Opportunity. But no one is going to do it for you. ..."

"I do teach the Way of Grace so that your efforts are more than met but you've got to put yourSelf in the same ballpark. ... So you have to place your Consciousness ... in Spirit, inside yourSelf. Even if you don't know what's happening... you still need to let it go and Trust and know that Spirit takes its place. ..."

"If you have an expectation you have an appointment that's going to lead to disappointment. That's an attachment. Yes, you can have a preference, you can be Neutral, that's something else. ... And anything other than being Neutral and being Present with God is not. And that's just painful and it hurts. And so I choose into being Neutral and being with God. ..."

"My job is to be Clear and to be Loving. ... But I have the choice. I could really get into resentment, anger, annoyance, etc. I could really, really enter into karmic patterns. But that's not the Truth of Who I *am*. That's not the Truth of Who you *are*. ... Through the Gift of Initiation into the Sound Current we're Blessed to be able to go into the Soul Body and be with and Know God. Why would I want anything less? ... We'll stop with that question. ..."

"And I just want to do a Process with you: 'So get quiet and I'll call in The Light Of The Most High. Lord, God send us Your Light and we put this time together into Your Light for the Highest Good!' 'Now just inside yourSelf allow your basic selves or that part of your consciousness that latches onto and chooses into negativity - it could be anger, hurt, pain, etc., something that comes up for you very, very often. And just let that run wild. (Pause) Now take Responsibility for the Free Will that you have and for the Spirit you *are* and just choose into Spirit! You can do the Two-Part Release Technique; you can Chant Your Tones [Meditation Technique taught at the time of Initiation]; you can ask the Christ, Jesus to take it, The Teacher to take it! Tell yourSelf to let it go! Whatever you need to do to Clear, to have it be Cleared. (Pause) Now let them run wild again! (Pause) Now choose into the Integrity of that you *are* Spirit! (Pause) Now once more let them run wild! (Pause) Now choose into Spirit!'

"Well, the choice is yours and I'm sure you're aware of what the better choice is. And we'll stop with that. ..."

A Spirited question-and-answer session followed.

know that the House of David is the code name for Jews. ... But He also was saying where He is from - His Lineage. He's telling you what His previous embodiment was. He was David, He was King David. ... It's interesting. Do you all know another name for Jerusalem? It's called the City of David. Isn't it interesting that the Christ, Jesus met His torment there? ... And this is a city that was named after Him in His previous embodiment. ... What did David do? He slew Goliath. ... The real meaning has to do with ... David, as an individual, what does he do? He defeats the 'bigger forces', the negative forces. And they're not 'out there,' they're within. So He's defeated the ... negativity.

"And we know that in the Journey of a Soul what is each Initiate really doing but defeating 'death'? What does that mean? We all know what that means ... it means free from the cycle of birth and death by knowing yourSelf as Soul, as Spirit and by fulfilling your North Star, your True Identity. You give birth to the Christ when you take Initiation; and you go to your Resurrection when you enter into the Soul Body and enter into Eternal Life in that Realm so that you're free from all the karmic forces. ..." [ed.'s note: Dr. Lane is also stating that the Soul on this Realm continues to have free will and choice and that It needs to always choose into the Spirit *It is*.)

"What's really being said inwardly by Christmas, by the whole story, is real simple. And that is what? The negative forces, everything along the negative polarity - it has already been defeated Spiritually. David did that. Now the Christ comes in so you can go to Demonstrate it; you can go to your Resurrection; you can go into the Soul Body and enter into Eternal Life by walking the Path as taught. And It's already been done. The Christed Consciousness was distributed so It's in you. So all you have to do is choose into the Christed Consciousness because the negativity has already been defeated ... So when you enter into it, you're really entering into a hopeless case. There's no hope for that negativity. It's already been defeated. And the Christ Consciousness demands that you come into Alignment with It. ..."

"You can't have Christmas without the Resurrection. Why's that? Well, you have to be born. Come here into this environment and enter into Eternal Life through the Way of God, the Way of the Christ. Whatever you want to call It. ... Through the Initiatory Approach. 'No one comes to the Father except through Me.' He is talking about the Christed Consciousness ..."

"And we know that the Journey of a Soul is from fear to Love. ... It evolves into the Christ, Which is the God of Love and Mercy and Kindness and Compassion. One who cares about His creation so much so that He gave His only begotten son to the world. What does that mean, you know? What does that mean? Because we find that motif in almost

any religion. OK. But He begot Himself. What does that mean? He generated Himself. ..."

"We either keep coming into the karmic realms or we enter into Eternal Life ... and come to Know ourSelves as Soul, as Spirit and we go to our Completion here ... We can be with God *while we're in the body*. ... God is immediately present and One of Kindness, Mercy and Compassion. ..."

"Everybody has a chance to do *exactly* as the Christ Taught. Every single Soul. ... You have that Christed Consciousness in you. What are you waiting for? ... Or what are you using to put yourSelf on hold? ... It's really interesting that the Messiah had to fulfill Himself but He did and He went to His Christhood. ... Part of the message of Christmas is the Immediacy of God and also the conscious choice into the Christhood. And we complete It out of Love. We're always choosing into Love. ..."

"You enter Eternal Life through the Way of the Christ. Through going from birth to the Resurrection and giving up the false identity, the crucifixion of yourSelf in time and space and always identifying yourSelf as Spirit. ... The message of Christmas is really to have the Courage and live and be and move into and be your Christhood. There's not a moment when That isn't there for you. ... So let's complete the Journey from fear to Love! That's the real story of Christmas. ... The message is to celebrate it inwardly. It's all about Loving God.

"I'd like to conclude by having you do a Process. ... 'Lord, God send us your Light and we put this time together into your Light for the Highest Good!' 'And just spontaneously let arise in you what you're afraid of. What you're fearful of. And now just allow God to enter into that and move into Love. And now let arise in you whatever fears or fear you have about Walking this Path and knowing yourSelf as Soul and being a Lover of God. And just allow God to enter into it and move into Love and see what happens when you move into Love. ... And finally just ask God to take whatever stands in the way of your practicing the Presence of God *each moment*. Tell yourSelf to let it go!' ..."

The Holiday Satsang was followed by the giving to The Center For Religion And Advanced Spiritual Studies of the Group Gift from Dr. Lane's Initiates the world over. This year the Gift was a donation to the Travel Fund to support Our Teacher's travels for Speaking Tours and/or other important ways that Our Teacher brings forward The Teachings the world over.

Gift-Giving was followed by the always popular musical performances by the very talented Rev. Dewi Lim and by Andrew Isleib, after which all of us again shared in food and refreshments.

A fun time was had by all.