



SpiritCentral

Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies November/December 2013

SPECIAL THANKSGIVING MEDITATION OF GRATITUDE

NOON
THANKSGIVING DAY
Available by Teleconference

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Issue of *SpiritCentral*

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Baby Blessing On the Soul Present With Jonas Wellington Blank

On Sunday September 29,
surrounded by Initiates of the Light Of
The Most High and invited guests, Our
Teacher Blessed the Soul present with
Jonas Wellington Blank, born February
2, 2013. In addition to the mother and
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“Terrorism: Does It Have Your Name On It? – A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane, began His
September Satsang by introducing the topic, “I want
to talk a little bit about ‘Terrorism’, OK. And I want
to talk about ‘Terrorism’ in the context of the Spiritual
Work that we do, the way we live our lives, etc. and the
options that we have. So I’m not talking about outer
‘Terrorism’. But I’m talking about inner ‘Terrorism’.
The reason I’m not talking about outer terrorism is
because there’s no need to. Outer terrorism is simply a
manifestation of inner ‘Terrorism’ and the karma that
has resulted from that. So it all comes from inside,
from each Soul’s Individual Responsibility.

“We know that the Journey of a Soul is from
fear of God to Love of God. ... If you take a look at
what people are doing, what are they doing but living
in fear? And choosing into the fear they immediately
go outside themSelves because they’re too afraid to
go inside. ... Every moment is an Opportunity to
Bless that fear and be moved beyond it. But many
of us identify with the fear ... we give it power and
then that, in turn, pushes us outside ourSelves. OK. So
let me give you a good example. OK. Alright. If I’m
afraid, let’s say, to trust God in a certain situation, OK,
then that’s my choice, OK. I’m afraid and I choose
to buy into that rather than use it to Lift and Grow.
If I choose to take it as reality and make it a graven
image, make that god, then I’m going to go outside
mySelf and then I’m going to start to manipulate
people, things, situations to try to get the results I
want because I’m not trusting God, OK. I’m a victim
of terrorism here, OK, but the ‘Terrorism’ is inside
mySelf and I made mySelf the victim.

“If we’re honest about terrorism in the
world ... If we take a look at ‘Terrorism’ there’s no
enemy out there that’s one enemy. ... But ‘Terrorism’
is a catch-all phrase for that which is designed to
instill terror in us and the proponents of that or the
operators of that or the ones who advocate that or use
that; they’re all over the place. OK. So it’s not like,
Continued on page 4

“Why Am I Soooo Alone, God? Oh, That’s Why?: A Participatory Satsang”

Our Teacher, Dr. Roger B. Lane,
began His October Satsang by saying, “OK,
I want to speak about ‘Why Am I Soooo
Alone, God? Oh, That’s Why?’ Well, that’s
the answer. It’s in the question. It comes after
the comma. It’s God. OK, and yeah the trip
here on this planet, as my much better half
and wiser half would say, is, ‘It’s alone with
God.’ Alone with God. That to me is really,
really interesting because it seems like
they’re mutually exclusive. How can you be
alone and be with something, someone, etc.?
So obviously you’re not.

“But there’s something in it also
which implies something really important
and that is that *you* have to do it. You have to
do it. You can’t do it half way and have other
members of your group do it. You can’t have
other family members do it, etc., etc. ... So
it’s always as if there’s something to recover
from; it’s always as if there’s some hurt there;
it’s always as if there’s protection needed.

“But what’s the protection that’s
needed if you’re with God? Of course, the
way the lower self works, ‘Gosh, Dr. Lane,
that’s exactly why you need protection. You
got to be protected from God.’ And isn’t that
what the lower self does? Souls come here
and they spend their whole life protecting
themSelves from God. ...”

“The lower self wants to maintain
Continued on page 5

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Events Calendar

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SpiritCentral

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OPEN HOURS

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Tues. Nov. 5, 12, 19, 26;
Dec. 3, 10, 17, 24, 31 -- 7:30-8pm EST
Wed. Nov. 6, 13, 20, 27; Dec. 4, 11, 18, 25 -- 4:30-5pm EST

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Doors close five minutes prior to times listed. Instruction provided.

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NEW YORK

New York City: Every Mon. 7:30pm; Wed. (except 1st Wed. of the month) and Thurs. 6:10pm; Sun., Nov. 10 & Dec. 8: 10:30 am; Sun. Nov. 24 & Dec. 29 Special 2-hour Meditation; Meditation for Health and Well-Being East Side (Home Center): Tues. Nov. 19; Dec. 17 — 8:15 pm West Side (TBD): Tues. Nov. 26; Dec. 24 — 8:15 pm

New Teachings Study Group Using SpiritCentral as the Tool!

Nov. 10th & Dec. 8th
3:00 PM EST

Facilitated by Editor-In-Chief and Experienced Sunday Program Leader Rev. Melissa Sones
Available By Teleconference

VIDEO SHOWINGS

The 22-part VIDEO Series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below:

NEW YORK

New York City: Every Thurs. 6:30pm.
Time Warner - Channel 57
RCN - Channel 84
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For those outside New York City, please go to mnn.org at 6:30 PM Eastern, Thursdays, Scroll down to "Spirit Channel" Click on "Watch Now"

Video Showing and Discussion: last Sun. of every month 1-2 pm at NYC Center

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The Real Gift Is The Gift Of Loving Service You Give Yourself!

Please see the Events page in this issue of SpiritCentral for more details.

Join Us For An Hour Of Spiritual Instruction!

"Are You Blaming It On The Bossa Nova? The President? Your Basics?:"

A Participatory Satsang
November 6, 2013
6:50 pm EST

"I'm Dreaming Of...?:"
A Participatory Satsang
December 4, 2012
6:50 pm EST

Satsangs by Dr. Roger B. Lane

Available at All Centers

SPECIAL CHRISTMAS EVE MEDITATION FOR HEALTH & WELL-BEING

8:15 PM

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Nov: "Thinking Outside The Box": A How-to Manual - A Participatory Satsang" (CD/MP3 A168)

Dec: "Applying The Message Of The Season: A Participatory Satsang" (CD/MP3 A42)

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- What Is Self-Worth?

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father, Rev. Amy and Duane Blank, present as well were Josie Blank, Jonas's older sister, who had also received a Baby Blessing shortly after her birth. The mother is a Loving and Devoted Minister of the Light and Sound of the Lord, God, and is very much beloved by Our Teacher as is her family.

Dr. Lane began by calling in the Light Of The Most High. As Dr. Lane explained, This is a Blessing on the Soul present with Jonas Wellington Blank. Dr. Lane has explained that a Baby Blessing is a "'jumpstart' in your Spiritual Expression" so that "It [the Soul] will be able to hold strong" along the negative polarity; and to assist It in Its (Spiritual) Progression. Below the Soul Level, as the Holy Spirit or the Sound Current enters manifested life or duality, It splits along the negative and Positive polarities. Along the negative polarity, It is the Light; along the Positive Polarity, It is the Sound. A Baby Blessing is a Light Initiation. A Sound Current Initiation or Initiation into the Sound Current on the Path of Soul Transcendence requires volition, which a baby has not yet acquired.

A Baby Blessing is done to lift and clear any karma that God wishes to clear at this Blessing (Jonas Wellington Blank did a good job of letting go!); to extend the Field of Grace to the Soul; and to be used as a Focusing Tool. Moreover, as Dr. Lane has explained "Grace extends through the family of an Initiate and extends through the Souls of families for generation and generation and generation."

Both Godparents – Rev. Valentina Iseib and Don Baxter – were present. Rev. Valentina Isleib, a Loving and Devoted Minister of the Light and Sound of the Lord, God and Don Baxter, a very Loving Initiate, are both very much beloved by Our Teacher. Dr. Lane explained that "Your job as Godparents is to be there in Loving Support of this child, guiding him in his expression into the Light Of The Most High and to be there in the physical when and if needed." As Dr. Lane has previously explained an additional role of the Godparents is to also hold [Jonas] in their hearts; they are also to place any "worries" or "concerns" for him in to the Light Of The Most High and to let them go!

Then Our Teacher asked those present to form a Circle of Blessings with Jonas being held in the center by his father. Dr. Lane then invited anyone who would like to do so to share Blessings by having the Light [Of The Most High] send these Blessings for the Highest Good to the Soul present with Mr. Jonas Wellington Blank. The first to speak shared a Blessing of "Abundance, Love, God, on all levels"; another then shared: "a Blessing with Love; an easy, fun, Loving life; and wonderful positive relationships with his parents and sister and (future) siblings and prosperous and healthy life, too." Another shared: "a Blessing for all the happiness and Love and Light and (to) have him know his True Nature and live inside out for the Highest Good." Yet another shared: "a Special Blessing for Health in all areas of his life and expressing himSelf as part of God"; followed by another of those present: "a Blessing of Peace and the Peace of being with you [God] every day of his life"; followed by "a Blessing of fun, family, relationships." The last to share said: "a Blessing for a life of Alignment, Joy, Peace and Love."

Dr. Lane then also "placed a Blessing with mom and pop" after which Dr. Lane then "sealed the Blessing in the name of the Christ."

A Certificate of Baby Blessing from the Center For Religion And Advanced Spiritual Studies was given to Jonas and read by Dr. Lane.

Pictures were taken, after which a fun time was had by all with a special cake made by Jonas's Godmother and with refreshments at the Center.

New Teachings Study Group

Using *SpiritCentral* as the Tool!

November 10th & December 8th

3:00 PM EST

Facilitated by Editor-In-Chief and Experienced Sunday Program Leader Rev. Melissa Sones

Available By Teleconference (beyond a 50-mile radius)

For More Information About Participating Via Teleconference Contact Administrator Rev. Amy Blank at 708-846-1031 or by email at info@cosmostree.org.

Continued from page 1 - "Terrorism: Does It Have Your Name On It? - A Participatory Satsang"

OK, well let's face this group of terrorists, OK, 'Boy! OK! We beat them! We defeated terrorism!' OK. Good luck! OK. Alright. But ('Terrorism') the same way inside of us. ..."

"And you get to discover that what's really going on in your life isn't what you're reacting or responding to; that your basics will use anything and they'll hook into anything. Usually it is kind of in line with your personality but it can be a variety of things so it isn't just one thing, one mechanism, etc. And if you're real smart you'll take a look at the pattern of what the false self is doing. And it's almost invariably - like one hundred percent - hooked up with the fear of being the Spirit that you *are* and identifying properly. ... We have all these mechanisms to get away from ourSelves and the terror of being the Spirit that you *are*. In this world there's a real taboo against knowing that you're Spirit. And the negative forces, the forces that really aim and propel towards reincarnation they really, really do their job very well, OK, and unless we are willing to say, 'Hey! Wait a second! That's fine. ... Let me use it to Lift and Grow and exercise what God's given me! My free will to choose into the Spirit that I *am*. So I can use anything to Lift.' ... If you choose into terror, you're abdicating Choice. You're abdicating using It to Lift and Grow. You're abdicating your Proper Identification and living as the Spirit that you *are*."

"A lot of you also, if you're honest with yourSelf, you have a hard time in this world, up until now, 'fessing up Who you *are*. You hide That you're Spirit; you hide That you're involved Walking The Path going Home. And it's really interesting because That Which is central - God - and knowing yourSelf as Soul, as Spirit and being a Lover of God we push into the margins of our own Consciousness of ourSelves because of that terror."

"What happens when you look terror right in the eye? You'll see yourSelf staring right back. As a Soul we've created the karma because of our fear. So here comes Spirit and gives us the antidote to 'Terrorism' and what is that antidote to 'Terrorism' but Love? ..."

"We bunch around; we cluster around our fear, our negativity; we put all the energy into that stuff and we don't keep our Consciousness moving, flowing, allowing Grace or allowing God's Love. But we tend to bunch it up along fear patterns. And then it becomes more seemingly real, it becomes more of a mass, etc. ..."

"You know, it's really interesting, karma is karma. It's not situational. Yet we kind of have a morality, a situational morality, 'It's OK in this situation; it's not OK in that situation. See, I can rob and steal if I'm poor and have no food,' which I've heard many times as a perfect rationalization. 'But it's not OK to steal if I want, like, expensive sneakers. That's not OK.' But karma is karma. So, let's say, you're poor; therefore, you steal. What's the connection? You have no power, you have no agency, you have no nothing?"

"And that's what we also need to realize, that many of us when we give ourSelves over to terror, we lose our agency. We lose our free will. We take it away from ourSelves and we victimize ourSelves. You see? And we need to do the opposite. We need to go to the remedy, the antidote. And the remedy is Love."

"OK let me Love those who come against me. Why? Well, they're bringing me my karma. They're giving me an Opportunity to Lift. Or, if they're not then they're fulfilling on this level what they need to be fulfilled. It's all karmically correct. 'Thank you for the Opportunity. I don't like it but I'm going to Love you and I'm going to exercise it. It's easy for me to hate you. Hate is a really easy shot. Let me turn that around and let me Love. Internally, I'm really afraid of all this. I'm afraid of Lifting, I'm afraid of honoring my Commitment' ..."

"So many of us, really even Students on this Path, are afraid to be identified in this world with What you're really doing here. And you want It hidden or 'God forbid, someone is going to know about it! Oh my God! What are they going to think?' Well, how many people do you know who can think non-karmically? ..."

"What do we need to do? We need to Love; we need to Accept;

we need to keep moving. ... You want to keep your Consciousness moving. You don't want to keep bunching up around your negativity... And if there's anything for you to really consciously learn from it, you'll get it. Trust! You'll get it. Much of the Learning takes place at non-verbal, non-accessible levels. That kind of thing, the Level of the Soul. That's where the Learning is and the Soul notes It and Learns and when the Learning is complete the karma is gone. ..."

"What we create away from God is called karma and it's because of our terror, our fear. So we're the terrorist. So you have to Love the terrorist. You have to Love yourSelf and go 'Wow! Yes! Wow! You know what? I really was afraid of God. I was afraid of the strength of who I *am*. I was afraid of the Spirit I *am*. I was afraid of honoring my Commitment. I was afraid of the Grace that I've received. I was afraid of knowing how Worthy I *am*. I was afraid of acknowledging that God lives in me. I was afraid to know that God Loves me and that I'm so Loved and that His Grace abounds in my life. I was scared of that.' OK. Forgive yourSelf! Love yourSelf and move on! ... That's the real problem with 'Terrorism': when we're afraid we wind up kicking God out of our Consciousness. When we do that we victimize ourSelves and we're at the margins of our own life. Some of us are Blessed to have a lot of hurt, pain, etc. when we do this because we have a built-in mechanism and we know ... 'I'm running away from mySelf here. Let me stop this! Let me call a halt to this! Let me just re-Center mySelf and just move on back!'"

"Let me give you an example. Let's just say that something presents itself and you don't know how it's going to work. And you go, 'Oh, I wonder how that's going to work?' And you stay there. And you're trying to figure it out; how's it going to work? And then you try to make it work, OK. You're a victim of 'Terrorism'. ... What's the alternative? 'Alright, yeah, I don't know how it's going to work. Alright. If I do have fear around that I give it to God. Let me move into the Spirit I *am*. Ask God to take anything that stands in the way and I'll move into Trust and I don't have to know how things are going to work out. I put it into the Light (Of The Most High) for the Highest Good. Hey! It's going to work out for the Highest Good!' ... You can't have it both ways. You can't ask God to work it out for you and for it to be for the Highest Good and then insist upon your way. ... And if we're afraid we'll insist on our way... Maybe I'm just lazy but I don't want to do it my way. I'd rather do it God's Way. ..."

"So I'm always going to drop back down inside mySelf into the Spirit that I *am* and Allow from that Place. I'm going to let the Spirit in me come forth and operate and I'm going to Trust. And I know that with God all things are possible and I know that a terrorist has no chance against God. ... I'm just going to allow the Spirit in me to emerge victorious. And I'm going to do this *each and every moment*..."

"What I want to do in conclusion is, I'm going to call in the Light (Of The Most High) and we'll just do a Process and be really, really honest with yourSelf! ... 'Lord, God send us Your Light! And we put this time together into Your Light for the Highest Good! Now allow your chief fear to come up inside yourSelf! Now allow yourSelf to be really, really scared out of your mind. Totally and completely scared. Now allow that fear to just go. What takes its place? What's the purpose of that fear? How did you handle the fear? What did you do about it? What can you do about it? Why is it there? Can you Love yourSelf as you have this? What are you going to do about the fear? (Pause) And, lastly, since the game is rigged and every Soul, sooner or later, completes Its karmic journeys here and goes Home to God, knowing that the game is rigged and that the terrorists are going to lose anyway, eventually, what does that do for you? What does that objective reality do?"

"And when you can you can bring your Consciousness back here. And we'll stop with that.' ..."

A Spirited question-and-answer session followed.

hegemony. It wants to be in charge. And The Teachings teach us that Power is just the opposite. The Power is in Surrender to God. Surrender to God. And yet we fight It tooth and nail. ... And the way the consciousness is set up it reaches out there to support that. ... Whatever the excuse is the excuse is not to progress and underneath it is a really strong agenda and that agenda is 'I'm part of the lower worlds. I'm part of basic selves as well and I'm here to insist upon your reincarnating and reincarnating and reincarnating. I'm here to insist upon your ignorance.' Your ignorance is duly rewarded.

"And God is a real smart creator. I'm sure He doesn't need my praise but it is very deserved. And so, OK, you have this part in the consciousness that extols ignorance. And then there's the other part, Spirit, Which does what? Just the opposite. 'Oh! Wait a second! I can't foster ignorance. Ignorance is to ignore the Spirit that I *am*. So every Opportunity is not for ignorance but for Knowledge, for Knowing of the Self.' Of course, if you walk this Path Of Soul Transcendence it's all about Gnosis. Coming to Know yourSelf as Soul, as Spirit. ..."

"... If you're doing a life devoted to its Purpose, which is to come to Know yourSelf as Soul, as Spirit, the training is just the opposite. The Center is here to support you; The Teacher is here to support you. The Training is just the opposite. What's the Training? But to go inside with the Spirit that you *are* and have the Support from there, the Learning and the Upliftment. ..."

"If you're of Service with a Loving Heart, well, guess what? It's acknowledged in the Highest of Heavens and it goes into your account, as it were, called Light Units. This is very different from good karma, etc., etc. So the training of the Spiritual Being is to go inside, to be with God. You're alone with God, supported in the strength of the Spirit you *are*. ... We're talking about the Inner Approach to God. ... When we're working out of the ego we tend to equate being alone with lonely. ... What are you doing when you seek to connect? You're saying, 'I'm an isolated being. Let me meet up with another isolated being.' And it's ignoring that we are the Spirit that we *are*. So that we're together in the Oneness. ..."

"So to be alone is not to be lonely. See that's crucial. ... How can you be lonely when you're all filled up with God? ... If you're really with God, at the level that you're working on, you're filled ... Seek the reference points in Spirit; go inside yourSelf! Be with the Spirit you *are*! Get the support you need! And acknowledge Spirit! And there's a simple Truth. And if we ignore it and perpetuate the ignorance then we do lapse into being lonely. And the Truth is that we *are* Spirit, we *are* Soul. ..."

"You *are* Spirit. God is with you but what you've done is you've ignored God. That's where the loneliness comes from. ... Who is abandoning you? You are. You're not Present with yourSelf. When we work out of being outside of our Integrity we've abandoned ourSelves. ... And that can make us feel very, very lonely and very depressed.

"So the strength is just the opposite of what we are taught. The strength is being in your Integrity, within yourSelf, alone with the Spirit that you *are*. That's where you're filled up. That's where you're filled up.

"And the whole Training is the ingathering of your Consciousness, your Spiritual energy, Learning to concentrate

and focus It and harness It. ... The Soul walks That [ed.'s note: Dr. Lane is referring to "the other side of the road" meaning "the other side of the Bridge of Consciousness right into God. You walk that Bridge through the Inner Worlds"] with The Teacher in the Inner Worlds, never alone. Never alone, see? But the way the ego is set up we really believe we are alone. ..."

"Our Teacher spoke of a conversation He had with someone he recently had met; he was a professor and had asked Dr. Lane to explain the physical resurrection of the dead, which he had never understood. Dr. Lane told him that it was an error in consciousness. Dr. Lane said, "I explained to him why humankind physicalizes things. Because of our misidentification of who we are. So we physicalize. We're very materialistic. This is all there is - time and space. And it's the physical body - that's all there is. ... They don't say, 'You know, I can't see God with my physical eyes and I'm so materialistic that if I can't see Him with my physical eyes It doesn't exist.' But the interesting thing to me is that these same people are taking their breaths, they're taking breaths. Well, if you're going to be honest, be honest! Can you see your breath? No. You can't see the air that you're breathing; therefore, it doesn't exist. Therefore, don't breathe! Come on, be in your Integrity! - that's only fair. ..."

"We know that the Soul, that the Spirit is within us and that the whole point of God having given us a body is to be with the Spirit we *are*, the Soul, Which is God. See, no one can do That, no one can have that Gnosis for us. Doesn't matter how successful you are in the world; you can't achieve It; you can't have people do It for you; you can't accomplish It; you can't be rewarded for It or anything else like that. *You* have to do It. So there's God's Grace coupled with your effort. That's wonderful. ... Any Soul can do this! ... It's meant for every Soul. ..."

"That's another wonderful thing about Spirit: that all Souls are equal. ... All that stuff that the world values doesn't count for anything. So we need to be in our strength with the Spirit we *are*. We need to be in support of ourSelves. If you take a look at all the times that you've felt hurt or a victim or so what have you done but you've given your Power over? So you've located the nexus of power in the situation outside yourSelf or in a person other than you and you've deprived yourSelf of your Power.

"Being alone with God is just the opposite. You Surrender to the Power within and you're in your Power, you're in your Integrity. And when you're in your Integrity you're with God. ... It's real simple.

"So what I'd like to do is conclude with a simple exercise. So we'll call in the Light [Of The Most High], 'Lord, God, send us Your Light and we put this time together into Your Light for the Highest Good!' And, just spontaneously, let inside yourSelf arise either a feeling or a situation or whatever which to you is always associated with feeling so lonely, so left out, so alone. And now bring God into that situation by putting it into the Light Of The Most High or by asking God to come into the situation. So the next time you feel alone in the sense of feeling lonely and you're trying to connect out there, stop! Stop! Go inside rather than out there! Go inside and be with God! It's real simple. ..."

A Spirited question-and-answer session followed.