Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies September/October 2012

FALL SEMESTER

Everyday Evolution II

Wednesday, October 3rd At 7:45 PM EST For Ten Weeks TAUGHT BY DR. LANE Please see Epage and Page 2 of this Issue of *SpiritCentral* for Details!

Home Center - New York City

Mail:

Center for Religion and Advanced Spiritual Studies and Cosmos Tree, Inc. 1461A First Ave. - #182 New York, NY 10075 212-828-0464

email: spiritcentral@yahoo.com

Web sites: www.spiritcentral.org www.cosmostree.org

Regional Centers

California

Los Angeles area LosAngelesMeditation@ gmail.com

Hawaii

Big Island Dewi Lim 808-937-5958

New Jersey

South Jersey area Valentina Isleib 917-841-8817

Tennessee

Johnson City area Peggy Heatherly 423-975-6868

Wisconsin

Madison area Alice Shuman-Johnson 608-838-7968

OUTSIDE THE U.S.

Mexico

Queretaro area Barry Lippman 52-442-224-3042 From the U.S.: 347-448-2310

Cosmos Tree Weekend Of Upliftment And Grace

Nov. 8 - 12, 2012 In New York City

Created And Facilitated by Founder/Director Dr. Roger B. Lane

Thurs. Nov. 8: Meditation Of The Light Of The Most High - 6:10 PM

Fri. Nov. 9: Open House - 5:30 - 7:15 PM Talk on "What Is Health?" given by Dr. Lane, followed by a Meditation For Health & Well-Being - 8 PM

Sat. Nov. 10: All-Day Workshop "How To Live Royally As The Spirit You Are" -10 AM - 5 PM Satsang (Spiritual Instruction) - 8 PM

Sun. Nov. 11: Meditation Of The Light Of The Most High - 10:30 AM Tools For Living Free Reading & Discussion -

Initiations Into The Sound Current On The Path Of Soul Transcendence - 2 - 4 PM, followed by Meditation Of The Light Of The Most High - 4:30 PM

Noon - 1 PM

Mon. Nov. 12: Meditation Of The Light Of The Most High - 7:30 PM

For More Details and To Sign Up, Please See Events Page In This Issue of SpiritCentral

Baby Blessing On the Soul Dresent With Grace Virginia Tsleib

On Wednesday, July 4, surrounded by Initiates of the Light Of The Most High and invited guests, Our Teacher performed a Baby Blessing on the Soul present with Grace Virginia Isleib, born on May 4, 2012 whose parents, Andrew and Valentina Isleib, are very Loving and Devoted Initiates of the Light Of The Most High and whose mother serves as a Minister of the Light and Sound of the Lord, God, who are very much beloved by Our Teacher. The grandmother, Virginia Villasmil, and aunt, Euridice Zamora, also very Loving and Devoted Initiates, were present as well.

Dr. Lane began by calling in the Light Of The Most High. Our Teacher then explained that "we're going to do a Blessing on the Soul

Continued on page 3

"What Does The Future' Hold?: A Participatory Satsang"

Our Teacher, Dr. Roger B. Lane, began His July Satsang by saying, "Tonight's Satsang ... is going to be a little strange. It's going to be a little strange because I'm going to be talking about something that doesn't exist. And that something is what we call the 'future.' ... We know that the future, the past and time itself – those are concepts. ... There is no such thing as time. ..."

"We have this concept of the 'future.' ... How do we plan for it? How do we control things? How do we control our life so that we can have the 'future' that we want? ... we're planning and pretending that something is real and that something exists when it doesn't. OK. We got the Demonstration of the Reality. It doesn't matter if you're Eastern or Western. OK. You have that same Consciousness in you. You have the Christed Consciousness in you. That's not a Christian thing; it's not a Jewish thing; it's not a Muslim thing. It's a neutral thing that is given to the Soul within us.

"And Our Identity is as a Soul. We're Souls here. ... and your body is the House of and for the Soul that's within you. God's within you. The Soul is Present. And God gives us life so we can come to know This. We can come to know ourSelves as Soul, as Spirit and complete our karmic journeys here. OK.

"Now karma may be a strange word to some of you people. I realize that. But karma's basically any thought or action or feeling we have created away from God. It was an exercise of our will because God gave us Free Will. We have Free Will. We can do anything we want to do. And many of us as Souls have chosen to exercise our will against the Will of God.

"But what's the Christed Consciousness? Our will and God's Will in Alignment.

Continued on page 3

"The Lolar Bear Myth - Lart II: Row To Randle The 'Bluh's' -A Larticipatory Satsang"

Our Teacher, Dr. Roger B. Lane, began His August Satsang by saying, "... What are the 'bluh's?'... The incessant chatter of our minds and linked up usually with emotions. We talked about the Myth of the Polar Bear where everyone thought, 'Well, the polar bear is a wonderful example of adaptability, natural selection, etc. and look at how it evolved and

Continued on page 4

Fulfill Your Destiny: Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's The Sound Current: The Path of God-realization (what we affectionately call "The Blue

In this Booklet, Dr. Lane explainsthe priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy!

Spirit Central

is published bimonthly by Soundly, Inc. Any distribution or reproduction of this publication without written permission is prohibited. © 2012. Soundly, Inc. New York, NY.

> editor Melissa Sones editorial staff Don Baxter (Epage Editor) Amy Blank (layout) <u>advisor</u> Dr. Roger B. Lane

Spirit Central

1461A First Ave. - #182 New York, NY 10075 212-828-0464 e-mail:

spiritcentral@yahoo.com websites:

www.cosmostree.org www.spiritcentral.org

Events Calendar

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual Growth and the Lifting into the "positive" energies. Call any Center for info. and call-in number. Tues. Sept 4, 11, 18, 25; Oct, 2, 9, 16, 23, 30-- 7:30-8pm EST Wed. Sept 5, 12, 19, 26; Oct 3, 10, 17,

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

24, 31-- 4:30-5pm EST

CALIFORNIA

Los Angeles area: Every Wed. 7pm. Email losangelesmeditation@gmail. com.

<u>HAWAII</u>

Big Island: Every Thurs. 7-8pm through March; Please call 808-937-5958 for location.

NEW JERSEY

South Jersey area: Every Wed. - 6pm (except 1st Wed. of month). Call 917-841-8817 for details or further information.

<u>TENNESSEE</u>

Johnson City area: Every 2nd and 4th Mon. 7pm. Call 423-975-6868 for details.

WISCONSIN

Madison area: Every 4th Sun. 5pm; Every 2nd Sun. 5pm Meditation for Health and Well-Being. Call 608-838-7968 for location.

OUTSIDE THE U.S.

MEXICO

Queretaro area:

Call 52-442-224-3042 or in the U.S. 347-448-2310 for details.

New York City: Every Mon. 7:30 pm; Wed. (except 1st Wed. of the month) and Thurs. 6:10pm; Sun., Sept 9 & Oct 14: 10:30 am; Sun. Sept 30 & Oct 28 Special 2-hour Meditation; Meditation for Health and Well-Being East Side (Home Center): Tues. Sept 18; Oct 16 — 8:15 pm West Side (200 W. 90th St, #10A): Tues. Sept 25; Oct 23 — 8:15 pm

PLEASE CONTACT YOUR NEAREST CENTER FOR MORE INFORMATION ON SPECIFIC EVENTS!

NEW YORK

Join Us For An Hour Of Spiritual Instruction! "Are You Listening Or Listing?:

A Participatory Satsang' September 5, 2012 6:50 pm EST

"There's ONLY God! What About Me?: A Participatory Satsang" October 3, 2012 6:50 pm EST

Satsangs by Dr. Roger B. Lane Available at All Centers

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

NEW YORK New York City:

Every Thurs. 6:30pm. Time Warner - Channel 57 RCN - Channel 84

Brooklyn

Every Sat. — 4:30pm Cablevision - Channel 68 Time Warner - Channel 35 RCN - Channel 83 Verizon - 43

Video Showing and Discussion: last Sun. of every month 1-2 pm at NYC Center

Coming Soon!

Our New cosmostree.org Web Site SpiritCentral.tv

Please Go There!!!

<u>Listen to Our Monthly</u> Podcasts!!! www.cosmostree.org www.spiritcentral.org

September: "The Spiritual Reality Of Mankind" (TAPE/CD A89)

October: "Are You Wading In Or Are You Waiting For The Waters Of Life?" (TAPE/CD A111)

Fall Semester

For More Information Call: Registrar, Rev. Amy Blank, at 708.846.1031

Everyday Evolution II

Wednesdays, Beginning October 3rd At 7:45 PM EST / For Ten Weeks Taught by Dr. Roger B. Lane

- FINE TUNE YOUR SELF-TALK
- MOVE FURTHER INTO SURRENDER
- LIVE IN THE ONENESS OF THE SPIRIT YOU ARE
- LIVE IN NEUTRALITY

Please see Epage in this issue of SpiritCentral for more information.

Cosmos Tree Weekend Of Upliftment And Grace

RSVP @ cosmostree.org or www. drrogerblanephd.com/new-events.

html. RSVP required for Saturday Workshop; highly suggested for other Events.

For more information please contact Registrar Amy Blank 708.846.1031 or Cosmos Tree 212.828.0464.

Spirit Central - cont. SEPT/OCT Page 3

Continued from page 1 - "Baby Blessing On the Soul Present With Grace Virginia Isleib"

present with Grace Virginia Isleib. [ed.'s note: Our Teacher asked the parents to say the child's name, which they did.] This Blessing is from the Office of the Christ ... This child comes in to walk The Path Of Soul Transcendence to complete Its karma. ... She's a Child of God; she comes in for that Purpose. ..."

As Dr. Lane has said, a Baby Blessing gives the Soul "a jump start" so that "It will be able to hold strong" along the negative polarity; and to assist It in Its (Spiritual) Progression. Below the Soul Level, as the Holy Spirit or the Sound Current enters manifested life or duality, It splits along the negative and Positive polarities. Along the negative polarity, It is the Light; along the Positive Polarity, It is the Sound. A Baby Blessing is a Light Initiation. A Sound Current Initiation or Initiation into The Path Of Soul Transcendence requires volition, which a baby has not yet acquired.

A Baby Blessing is done to lift and clear any karma that God wishes to clear at this Blessing. (Grace Isleib did a good job of letting go!); to extend the Field of Grace to the Soul; and to be used as a Focusing Tool. Moreover, as Dr. Lane has explained, "Grace extends through the family of an Initiate and extends through the Souls of the families for generation and generation and generation."

Both Godparents - Don Baxter and Rebecca Hammerstein - were present and are also very Loving and Devoted Initiates of the Light of the Most High; Rebecca serves as a Minister of the Light and Sound of the Lord, God, and both Godparents are very much beloved by Our Teacher. "The Godparents: you're charged with making sure that The Teachings are available to her," Dr. Lane said, "and to be there for the child in support" constantly reinforcing and being Present with the Light Of The Most High and to help her Focus into the Spirit that she is. Another purpose of the Godparents, as Dr. Lane has explained, is to hold her in their hearts; they are to place any "worries" or "concerns" for her in to the Light Of The Most High and to let them go!

After a round of applause at the end of the Blessing, a Certificate of Baby Blessing from The Center For Religion And Advanced Spiritual Studies was given to Grace and read by Dr. Lane. Pictures were then taken and everyone shared in homemade refreshments.

Continued from page 1 - "What Does The 'Future' Hold?: A Participatory Satsang"

... 'That Which is in me is in you, too.' 'You mean, I'm Responsible? I don't want to be Responsible. If I don't want to be Responsible then guess what? I'll be Responsible in the "future." I don't have to be Present with God.' ... But where is the 'future?' The 'future' is in the Eternal Now or the Present. ... While we're so busy focusing on the 'future' we're not Present. But that's where God is. God Lives in us as Soul. ..."

"The Soul is What's Eternal. See? And what happens is we've misidentified ourSelves and we think we're the body. ... [The body] is the House for the Soul and when the container isn't needed then we don't need the body anymore. ... So what's the point? The point is to be Present *each and every moment* but the karma we create separates us from God. Those are our attachments. That's where our pain is and that's where our hurt is. ... You use your emotions, you use your thoughts to Lift and Grow and you're always at Choice. ..."

"I could say, 'let me put off being with God or being the Spirit I am in the "future" for another 25 years' ... I could shove things off into the 'future.' Let me shove things off into the 'future.' OK. And that's what we do when it comes to wanting to know ourSelves as Spirit, when it comes to fulfilling the Purpose of HU-man life. Each moment, guess what? Spirit is all around each and every one of us. The Soul within you houses the Living God. You're created in God's image. ... The Soul within you; It's created out of What's called the Holy Spirit or the Sound Current and It's of the same Essence as God and That lives in you. So God is within. But how you going to know that because you've exercised choice and through the exercising your choice you've constantly chosen into the things of the world, into false identity, into the crucifixion because you've identified yourSelf as being in time and space? So you're your body; you're your thoughts; you're your feelings; you're your mind and all the stuff that goes with that.

And you've forgotten that you're Spirit, that you're Soul, that you're God. And the forgetting is why you're here, why God gives you the Opportunity to take on another body, and another body and another body until you get to go inside. Because we're so used to going 'down' and 'out' into the world and identify with the things of the world that we're confused. ... So we got to go and reverse it. We got to go 'in' and 'up', as it were. ..."

"So if the 'future' isn't real, the past isn't real. It's gone. Now's the 'future.' We just missed it. It's gone again. And all that we have is the Presence of God. That's what we do. We practice the Presence of God. And if you're a Lover of God... then *each and every moment* all you want to do is be with God. ... If we're forgetting about God in ourSelves then we're spinning all over the place, without rhyme, without reason. ... Each of us is being carried by the Soul, by the Spirit, by God and each moment to be Present, Present, Present. But when we run our stuff, when we run pain, hurt, fear, doubt, we're not Present. ..."

"Let's conclude by having a little Process. So I'd like you to get quiet. And I will call in the Light (Of The Most High) if you'd uncross your arms and legs. 'Lord, God send us Your Light and we put this time together into Your Light for the Highest Good.' Now what I'd like you to do is inside yourSelf allow an issue, a thought, a feeling, an emotion, an agenda, a 'should' that really, really keeps coming to you, that keeps grabbing you, as it were, that you can't let go of. OK. And just for the sake of this Process let it go! OK. And see what takes its place, even if you're afraid to do it! ... Keep releasing it whenever it comes back! It might not even come back. ... If you're really honest and stuff does come up and you really do release it, it will help you be more nearly Present with the Spirit you *are* because the Spirit is inside. ... You don't need anything other than two things: your own Choice exercising your Free Will into It. And constant Attunement to That. ..."

"It's the same Spirit that's in me, that's in you. ... We're all in the Oneness of the Holy Spirit in the Sound Current. The Spirit in us is all in the Oneness. That's not a nice metaphor. ... When we push things into the 'future' we separate ourSelves from the Oneness and the task is to keep returning, be Present, be Present, be Present. What are we Present with? Not our thoughts, mind nor emotions. ...

"But we are Present with the Spirit we *are*. We're Present with God. ... Free Will happens in the Present. So my question to you is: Are you going to allow yourSelf to be Present or are you going to postpone that off into the 'future'? ..."

Spirit Central - cont. SEPT/OCT Page 4

Continued from page 1 - "The Polar Bear Myth - Part II: How To Handle The 'Bluh's' - A Participatory Satsang"

adapted to its environment from the grizzly bear ...'

"Everyone was buying that until one day a scientist got a brilliant idea, 'Let's take the DNA of the polar bear!' And 'lo and behold it was discovered that all that stuff was just a bunch of nonsense. The polar bear was not related at all to the grizzly bear. There was no adaptability; there was no natural selection of that sort going on ... It was all a bunch of 'bluh, bluh, bluh, bluh, bluh, bluh, bluh, bluh' that people bought into.

"That's really what I want to talk about, the 'bluh, bluh, bluh, bluh, bluh, bluh and what we can do about it. ... To Live in Grace versus the way of the world. So this is a flinch point, but rather than go inside, get the strength from the Spirit you *are* we have a tendency to flinch, as it were, and we fill all this stuff with the 'bluh, bluh, bluh, bluh, bluh, bluh's,' with thoughts coupled with emotions.

"And there's an awful lot of energy. ... All the 'bluh, bluh, bluh, bluh, bluh, bluh's' kind of make perfect sense given the context of the situation and given the personality of the person....So that when the 'bluh, bluh, bluh, bluh, bluh, bluh's' come up what you really want to do is A) be aware of it. ... When we choose into karma we're not doing anything inside ourSelves. We're not moving; we're not changing; we're not Allowing Upvibration; we're not Allowing Growth; we're doing everything but. ..."

"It all has to do with this basic fear. We're afraid to be naked before God; we don't feel Worthy. So we're always creating the separation. And when you run the 'bluh, bluh, bluh, bluh, bluh, bluh's' you're choosing into karma but most of the time you don't realize that you're doing it ... But what you're asked to do instead is to Allow the God View. ... You don't know how things are going to look or the form it's going to take yet you're trying to master the form. ..."

"We know that if you're busy knowing from the senses then you're busy in distortion. ... You're busy with the distortion that karma creates and so it'll make a lot of sense to you because you're involving the senses. But the things of the Spirit - when you go in the Soul Body - don't involve the senses. It's *Direct*. You don't know by reflection. And a lot of things have to do with Trusting yourSelf. ..."

"So what do you do when they [the "bluh, bluh, bluh, bluh's"] come? Well, if you're a Student you have the Sacred Names of God to Chant. OK. You have - of fear, of the hurt or of the inadequacy or not good enough - you have Releasing Techniques. You have Tools. But once you choose into that karma then you're solidifying it even more and you're forfeiting the Action Of Grace, you see. Now I teach the Way of Grace. So that means that there's no agenda for That - that means your agenda needs to be Surrender. It also means that 'Hey! Live the simple Teaching: we know where the Power is; the Power Is In Surrender.'... Surrender to the Spirit That's in you.

"'Bluh, bluh, bluh, bluh, bluh's' tend to involve a lot of collective thinking. No Thought. Just a lot of thinking. So what you want to do is move from thinking into Thought, Which is really God Consciousness ... How you handle the 'bluh's' is ... keep going for the Solution! ... You want to ask yourSelf, 'Hey, am I in Alignment with the Flow, with what I'm here to do?' ... There's no Joy in the 'bluh, bluh, bluh, bluh's.' Actually the 'bluh's' stop the Joy, stop the Lifting ... The false self is trying to win and it's stopping you and it depresses the Spirit you *are*.

"So, yeah, you're going to be depressed and when you've had enough of being depressed maybe you'll stop depressing the Spirit. ... Each and every moment we can be born again in the Spirit we *are*. Grace can be given to us. ..."

"So when we get the 'bluh, bluh, bluh, bluh's' what we really want to do is we want to just keep focusing on the Solution, focus on the goal, focus on our Focus. ... Also, we don't really have to do anything about the 'bluh, bluh, bluh, bluh's' but if you'd like to you may want to pay attention, 'What's the underlying theme of my 'bluh, bluh, bluh, bluh's?' ...'Well, they prevent me from doing anything.' Or, 'They don't prevent me from doing anything; I'm using them to prevent me from doing anything.' ... You always want to Introject it back to yourSelf. ... Rather than go with the fear, what are you going to do? Surrender it! Give it to God! Let it go! Trust! And know that you're okay! ..."

"When you run the 'bluh, bluh, bluh, bluh's' you block the Lifting Action. You stop yourSelf from Remembering. You stop yourSelf from Re-cognizing, Recognizing that you are Spirit. That simple Truth. Just like all these scientists - they were all perpetuating a lie about the polar bear. And when we do the 'bluh, bluh, bluh, bluh's' we're perpetuating a lie - that we're not Spirit, that we're not here to Lift and Grow. And that God's Will isn't what rules it all...."

"That part that is with God and is God, Knows. So you want to use the 'bluh's' to Lift and Grow. ... Always refocus into the Spirit you *are*! ... At least be smart enough never to believe The Polar Bear Myth! Always focus into the Spirit you *are*!

"And always take the Opportunity ... for Grace and that, really, everything The Teacher does is to give you that Opportunity for Grace. Everything. ... That's the difference between me and you. I don't believe anything about you other than you're Spirit, you're Soul and you're here to come to Know That. ... You have the wonderful Opportunity to be with God while you're in the body. ... That's pretty astonishing. You must be Loved. Despite yourSelves, you're incredibly Loved. It's amazing; it's amazing. And yet, many times we walk around here as beggars begging for crumbs of love when we are so profoundly Loved. And yet we push It away and we deny It. And we run the 'bluh, bluh, bluh's.' So ... use them to Lift, use them to Grow, use them to Love yourSelf. Don't take yourSelf so seriously. The only thing you want to take seriously is the Spirit you are. Not in an oppresive way. But in honoring It, being Devoted, being Dedicated to the Spirit you are. ..."

"All we have to do is re-establish the Truth of Who we are. And our ancestry. What's our ancestry? 'In the beginning was the Word and the Word was with God'. Real simple. We're created out of the Holy Spirit or Sound Current and we're retracing our steps. ... So use everything to Recognize That, Remember That and the 'bluh, bluh, bluh, bluh's' that come up for you - those are instances of forgetting. Choose to Remember. Choose to Recognize. The 'bluh, bluh, bluh, bluh's' they're designed to strengthen you. Take it! Be strong! ..."

"In conclusion ... we'll do a little Process. Remember there's no right, there's no wrong. Just spontaneously within you allow to come forth what's your major 'bluh, bluh, bluh! Really run that stuff! Now choose back into being the Spirit you *are*! ... What's easier? What feels better? What is more fulfilling? ..."