



Spirit Central

Timely Knowledge for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies
September/October 2010

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"How Do You Achieve 'Spiritual Success'?: A Participatory Satsang"

At the outset of Dr. Lane's July Satsang Our Teacher requested that the participants "stay quiet, close your eyes, call in The Light again...and I'd like you to answer that question ... The question is how do you achieve 'Spiritual Success'?" The responses of the participants included the following: "We don't 'achieve' It; we allow It;" "There's no such thing as 'Spiritual Success'; there's just 'success,' which is staying present;" "... let go of 'achievement' and 'success' and be with God. ..."

Our Teacher then stated that, "... it was a trick question." Dr. Lane explained that, "The trick, of course, was, 'How do you 'achieve' Success?' And some of you kind of understood, you don't. You don't because It's not an 'achievement.' This is a world, a culture that is very accomplishment oriented or achievement oriented and we know from the Teachings that 'accomplishment' and 'achievement' come from the ego. ... If you take a look at how this culture works God, so to speak, or, at least, what it thinks is God - that's what it's doing. God is outside and removed, far away... It is something to reach ..."

Our Teacher reminded us: "But the reality of Spirit is inside out and backwards from that; we don't 'achieve' and we don't 'accomplish' this. And, yeah, there is something called 'Spiritual Success': to be in the Oneness of the Holy Spirit or the Sound Current..." And Our Teacher observed: "Some of you may have had the experience of being enshrouded by Shabda, by the Sound ... and you become One with God. And that's 'Spiritual Success'... It comes with commitment, when you take Initiation ... It is a signal to yourSelf that 'hey! I'm committed

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"O, God, Why Am I In Such Pain?: A Participatory Satsang"

At the outset of Dr. Lane's August Satsang Our Teacher asked the participants to "ask yourSelf that question ... 'O God, why am I in such pain?'" Several of those present in person and by teleconference then shared their experiences. These included the following: "... too many attachments to ... emotions;" "Because I didn't have faith;" "... you placed yourSelf here;" "Creating expectations that aren't real;" "I just don't get 'it';" "Trying to make things happen;" "... I created this pain;" "Depressing the Light that you are;" "Fear of releasing this pain that I feel;" "Separation ... the false separation between God and mySelf;" "... I had the experience of thinking that I was dropping;" "So that I can change my focus away from it;" "Karma and lack of acceptance, or resistance."

Our Teacher then explained that, "It all comes from one thing and that is forgetting the Purpose of Human Life."

As Dr. Lane elaborated: "... HU (as in Human) is the First Manifestation of God ... So That tells us what we are. We're humans, OK; we're manifestations of God and we've forgotten This and the Purpose of Human life is to have us remember This. ... To know ourSelves as Soul, as Spirit. ... When we forget That or ignore That, or choose away from It, that's where we have pain. ... If you're walking this Path that I bring forth you're gonna get your... (fate) karma presented to you so you can get free of it. ... Let's say you have all these experiences ... and they hurt, they're painful. What most of us do is we walk around pretty pissed thinking we shouldn't have to have these experiences or, 'I am not supposed to handle this. Or this is too much for me to handle.' ..."

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Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPENHOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Sept. 7, 14, 21, 28; Oct. 5, 12, 19, 26 — 7:30-8pm EST
Wed. Sept. 1, 8, 15, 22, 29; Oct. 6, 13, 20, 27 — 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CALIFORNIA

Los Angeles area: Every Wed. 7pm

CONNECTICUT

Litchfield area: Every Mon. 11am

HAWAII

Hilo area: Every Mon. 6:10pm; Meditation for Health and Well-Being last Fri. of every month 7pm. Please call 808-937-5958 for location.

ILLINOIS

Glenview (Chicago) area: Call Center for details 847-414-6462.

NEW JERSEY

Middletown area: Call 201-456-3568 for details.

NEW YORK

New York City: Every Mon. 7:30 pm; Wed. (except 1st Wed. of the month) and Thurs. 6:10pm; Sun., Sep. 12 and Oct. 10: 10:30 am; Sun. Sep. 26 and Oct. 31 Special 2-hour Meditation.; Meditation for Health and Well-Being East Side (Home Center):

Tues. Sep. 21, Oct. 19 — 8:15 pm

West Side (200 W. 90th St, #10A):

Tues. Jul. 28, Aug. 26 — 8:15 pm

TENNESSEE

Johnson City area: Every 2nd and 4th Mon. 7pm.

WISCONSIN

Madison area: Every 4th Sun. 5pm; Every 2nd Sun.; 5pm Meditation for Health and Well-Being.

MEXICO

Queretaro

Call for details.

Contact specific center for more information about these events

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield area: Call for details.

HAWAII

Hilo area: First Sun. of every month 4:30-5:30 pm, including Discussion.

NEW YORK

New York City: Every Fri. 3pm. Time Warner - Channel 57
RCN - Channel 84

Brooklyn

Every Sat. — 4:30pm
Cablevision - Channel 68
Time Warner - Channel 35
RCN - Channel 83
Verizon 43

Video showing and discussion: last Sun. of every month 1-2pm at NYC Center

Join Us For An Hour Of Spiritual Instruction

"How Am I Doing?: Criticism Or Jumping-Off Point - A Participatory Satsang"

September 1, 2010 at 6:50 pm EDT

October Satsang
October 6, 2010 at 6:50 pm EDT

Satsangs
by Dr. Roger B. Lane
Available at All Centers

Fall Semester 2010

The Teachings Class

Wed. October 6 for 10 Weeks
7:45 pm to 9:15 pm

- Experience the Living Realities of Spirit
- Gain greater understanding of the Teachings of the Path of Soul Transcendence
- Learn the scientific method for living and verifying these Teachings
- Discover deeper meaning and purpose for being on earth

For more info. please see Events Page with this issue of SpiritCentral

Listen to Our Monthly Podcasts!!!

www.cosmostree.org
www.spiritcentral.org

Sept A112

"What Are Your Values And How Valuable Are You?: A Participatory Satsang"

Oct A115

"Do You Have The Dropsies?: A Participatory Satsang"

Media Interest in The Money Workbook Skyrockets

As many already know, when The Money Workbook, a 30-Day Program to Greater Abundance, Prosperity and Self-Worth was released last Fall, it skyrocketed to the number one "hot" release in its category on Amazon. In the last couple of months, media interest in this Book has skyrocketed, too, in large part, as the executive producer of the Seattle-based NBC talk show on which Dr. Lane appeared explained, because rather than focus on "money" — i.e, how to save it; what to do if you don't have it; how "bad" things are these days - this Book actually helps individuals change their lives by showing them that they have the power to co-create the lives they really want. The Book addresses key questions: What is it you want in your life? Whether or not you want to give it to yourSelf? And, if so, how to give it to yourSelf. And whether you're cash-poor or not, The Money Workbook applies to you!

Dr. Lane's recent media appearances included the daytime talk show, "New Day Northwest" on NBC TV in Seattle; two Seattle-area radio shows — the "Dr. Pat Show" and "Chat With Women" that were broadcast live via the Internet; and a write-up in the Seattle Times.

Dr. Lane also did a well-attended reading from The Money Workbook at East West Bookstore in Seattle, where the Book sold out. To listen to the above programs, please visit www.cosmostree.org or spiritcentral.org and click on "media."

Continued from p. 1: “How Do You Achieve ‘Spiritual Success?’”

to know mySelf as Spirit. I’m committed to go beyond the illusion of this world. I’m committed to get to know mySelf ... not by my job, not by my title, not by the color of my skin, not by my ethnicity or anything else like that. I’m committed to know mySelf as Spirit ... I want to know God *directly*’ and so we take Initiation into the Sound Current to know God *directly*. The Soul experiencing God, coming to know Itself as Spirit ...”

“What needs to be done is we Allow. What we do on this Path - It’s a *Surrender Path*. ... The Power is in Surrender to the Spirit we *are*. ... It’s not power to control anybody or anything; it’s not dominance over anybody; it’s not the ability to go into another country and colonize another country. ... What it is is the power of freedom, the power of choice, and, literally, to command all the levels of Spirit.

“We know that Soul lives on many Levels,” explained Dr. Lane. “‘In my Father’s House are many mansions.’ The Soul - the House of God - and the mansions are the Levels. ... The Journey of a Soul is through those Levels. ... If you work the Initiatory Process correctly all those Levels - they just part for you and you just go through Them ... You wake on those Levels ... With Soul and with Spirit ... you go, through and you travel through. That’s an awful lot of power. ... (The) Soul is ‘There.’ ... It’s inside of us. It’s inside of us. It’s There, it’s waiting on us. ... One of the nice things about ‘Spiritual Success’ - It has nothing to do with the outer situation. ... It has nothing to do with how rich or poor you are, how much status or lack of status you have or anything else like that. ...”

“Why did God put us in the world ...?” posited Dr. Lane. And Our Teacher explains: “How best for us to learn detachment, neutrality, than to throw us right in the midst of all this? ... The Soul has come into this world so often ... It identified with the world of form. So when you take Initiation you know how to go in the Soul Body and you learn how to have your energy go from out to within. From down and out in the world to ‘up,’ as it were. ... All these things that are happening in my life - they’re here as a Blessing, as an Opportunity for me to Learn, Lift and Let Go and come more into my True Identity. ... which is the Spirit, the Soul...”

“There is one true pain killer and that’s Spirit, that’s God,” counseled Dr. Lane. “When we identify with That ... we start to disengage from our emotions; we start to disengage from our thoughts. ... We’re hallucinating all these ‘problems’ and then are busy solving them. When we start to have Proper Identification and we start to have ‘Spiritual Success’ ... then we start getting distance from all that stuff. ... When we practice ‘Spiritual Success’ we don’t engage, we don’t engage in the mind stuff, in the emotions ... That doesn’t mean we don’t have them. ... God has given us these thoughts and these emotions so that we have something to strengthen ourSelves from, to lift off from ...”

“‘Spiritual Success’ has to do with being One with God. ... It has to do with God’s Grace and opening to That ... And if you’re working directly on this Path, you’re also having a lot of karma cleared. ... Spirit can’t be bought; It can’t be taught; It has to be “caught”. ... We ‘achieve’ by Allowing, we ‘achieve’ by Trusting; we ‘achieve’ by locating the goal and putting it inside ourSelves and discarding it as a goal and opening up to That Which is present. ... By your allowing – (and) all that stuff called karma is just wiped clean. ... The Teachings teach of the ego’s proper place, which is in Service to Spirit. ... This life - it’s the only opportunity that the Soul has to leapfrog through the different Levels by the Process of Initiation and go to Completion here and go Home to God as a byproduct of Loving God and coming to know yourSelf as Spirit. ...”

In defining ‘Spiritual Success’ Dr. Lane noted: “It’s the little movements inside ourSelves where we let go. It could be deciding not to be angry at someone; it could be deciding to give up trying to control a result; it could be deciding to - even if you don’t know the outcome - give up something that doesn’t work for you and move into Trust. It can be deciding, OK, ‘I literally don’t know where the next dollar is coming but I know the Truth of Spirit and I know I’m one with the Lord, God and it’s handled.’ ... little moments inside ourSelves where we decide to move into our Divinity. ...”

Our Teacher reminded us that “God’s given us free will and ‘Spiritual Success’ has to do with the proper use of that will into the fulfillment of ourSelves as Spirit.” And, in conclusion, Dr. Lane observed: “It’s that simple. ... Now, I didn’t say it was easy; I said ‘it’s simple.’”

Meditation for Health and Well-Being Expands Yet Again

The Meditation for Health and Well-Being That is a regular part of the Programs at the New York City Home Center as well as at many Regional Centers, and That is also being hosted in old-age homes in both New York and in Los Angeles is expanding yet again. In the month of June this beautiful Meditation was brought to an old-age home in Seattle; and, beginning last month, it was inaugurated at one in Philadelphia with 23 Souls attending. Plans are also underway to bring It to Boston.

At this time, demand for this Meditation far outstrips our ability to fund Its expansion. Please help us serve others by sending your contributions to Cosmos Tree, 1461A First Avenue - #182, New York, N.Y. 10075.

Dr. Lane extends His Appreciation for the Loving Service of Melissa Sones.

Continued from p. 1: "O, God, Why Am I In Such Pain?"

"(But) You agreed to this before you took on your body ... so you could get free," stated Dr. Lane. "So the judgment on yourSelf 'I shouldn't be having these experiences, I shouldn't be going through these experiences' is forgetting to know that you are here to know yourSelf as Spirit and to reclaim your Freedom."

Citing a parallel to the 'Passover story' Our Teacher stated: "We have to... take on a body, come into human life, to go through that. ... We're here in bondage to the 'Pharaoh'. We're here in the negative worlds enslaved; we've enslaved ourSelves to our karma. We get an opportunity to go through the 'desert', OK, this thing called human life in order to receive the Word or the Sound Current and that's how we get free. ... And we start to reclaim our freedom and we start to let go of what a lot of you have mentioned - our attachments. OK. See if you have an expectation, you have an appointment and if you have an appointment then you are setting yourSelf up for disappointment, okay. Now I could have a preference... I don't have to create the attachment. ... That's really a creation of our own Self and it causes pain. ... But we're here lifting and growing. We're here to remember ourSelves and to take back, as it were, the 'Divine Spark.' When we take Initiation the Soul is sparked awake, OK; and then you get to see that It's in you. It's in you. ..."

"When I look back at my life I could really do a lot of, 'Well, why did this have to happen to me? Why did that have to happen to me?' ..." But, Dr. Lane explained: "It was all part of God's Grace moving through so that I could vibrate properly, know mySelf properly and be with Spirit *while I'm in the body*. ... If you could see where you were Spiritually you wouldn't lay that trip on yourSelf ... My Spiritual Body - that's not gonna die. That's Eternal. The Spirit that I *am*, the Soul is Eternal. And what goes with me is the Light that I vibrate on *while I'm in the body*... So we're here to do our Progression, our Spiritual Progression. The form It takes for people, how It looks, OK, is not at all anything to be evaluated.

"What is evaluated is ..." explained Dr. Lane is, "How did you Lift? How did you Grow? How did you Upvibrate? That's what's really evaluated and it's evaluated when you leave the body because you're gonna go to the same place when you leave the body that you vibrated on *when you were in the body*. ... Knowing that, what are you trying to get out of? ... You're not the situation ... and God's in that situation. There is a reason why that situation is going on for you and it's a Blessing, there's something in it for you. See, and from my perspective it's all kind of funny to me because you bitch and moan about what you're going through and that's on only your fate karma. Well what about your stored karma, that if you are an Initiate Of The Light Of The Most High, you don't go through? God in His Kindness and His Mercy - it's handled. The Teacher handles it as the Teacher handles it. In whatever way it is handled, you're not even aware of it, you don't even know what's going on. It's stored karma, it's not for you to know because it has to do with stored for future embodiments. OK, but if you're completing your karmic journeys, there ain't any. So there you are under this Grace and you forget. ... One of the beauties of walking this Path is that you can have karma cleared without it's having to be cleared physically. Through Grace. There are many ways that Spirit clears the karma. And the karma's usually mitigated through God's Grace, through His Love and Compassion ..."

In conclusion Our Teacher counseled: "Spiritually, start where you're at! Love yourSelf but keep in mind the most important thing. And that is the Purpose of Human Life. Make sure you're fulfilling It, make sure It's the framework for how you see your experiences and other people here on the planet and be in gratitude that you were given the Gift of Fulfilling this Purpose! ... The Purpose of Human Life is to Love God and go to Completion here and come to know yourSelf as Spirit. And all the experiences that you have, OK, they're all geared towards that. As an Initiate you have the opportunity to finish up. ... All Souls, OK, are here for That Progression. Those under karma - there's an attempt to do a little balancing, OK, but you have to go through it in the physical so it's a laborious, heavy process and you can't complete all of it and then what are you going to do about stored karma? So eventually you've got to come to this place of being an Initiate Of The Light Of The Most High; of the Sound Current, The Holy Spirit."

Our Teacher strongly urged: "...Take advantage of this great Opportunity called Human Life."

WATCH OUR TEACHER'S VIDEO SERIES "UNDERSTANDING THE SPIRIT YOU ARE" RIGHT THERE AT YOUR DESK, IN YOUR LIVING ROOM AND/OR ON YOUR LAPTOP OR PHONE!!!

ALL YOU HAVE TO DO IS GO TO WWW.MNN.ORG EVERY FRIDAY AT 3 PM EASTERN; ONCE YOU REACH THE HOME PAGE: LOOK ON THE RIGHT-HAND SIDE WHERE IT READS "WATCH MNN LIVE"; AND, UNDER THAT HEADING WHERE IT READS "MNN3", CLICK ON "WATCH MNN3 LIVE" AND YOU'RE RIGHT THERE!!!

LIFT! GROW! AND COME TO KNOW WHO YOU REALLY ARE THROUGH THIS BEAUTIFUL TOOL!!!

TELL YOUR FRIENDS/LOVED ONES/COLLEAGUES/ENEMIES!!!