



Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies May/June 2009

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Join Us For An Hour Of Spiritual Instruction

*“Are You
Down and Out?:
A Participatory
Satsang”*

May 6 at 6:45 pm EDT

June Satsang

June 3 at 6:45 pm EDT

Satsangs
by Dr. Roger B. Lane

Available At All Centers

“The Real Economic Crisis: A Participatory Satsang”

In His March Satsang, Our Teacher asked: “What’s the ‘Economic Crisis?’” Dr. Lane then said: “Nothing we haven’t seen before. Nothing that we won’t see again, you know. And the interesting thing to me is that there isn’t one component of it - whether it’s the subprime mortgages; whether it’s the derivatives; whether it’s the banks or any other aspect of it; the car industry - there isn’t one part of it that wasn’t seen forthcoming a long time ago and we, of course, did nothing, alright? And if you follow the news and you follow the approach - it’s portrayed as this ‘Economic Crisis,’ OK? And people are in crisis, OK? - and the thing that they’ve done with it is to equate it with ‘Oh My God! This “crisis” equals a terrible situation’ OK?”

Dr. Lane emphasized: “Now that’s a crisis [ed’s note: Dr. Lane is referring to refusing to take responsibility]! It’s a real crisis when you have a mis-identity going on. When you’ve identified yourSelf with how successful you are and how successful you are in this society is invariably basically a cash transaction: ‘How much money you got, OK?’ And Our Teacher explained: “So we’re in a ‘crisis,’ OK? But there’s an opportunity here. What’s the opportunity? The opportunity is on an individual level to change your priorities, to change your identification. What are you identifying with? The things of the world or the Spirit? OK? Or are you involved with attachment or are you involved with Spirit, OK? And the interesting thing is if you have your priorities right - which is ‘Hey! I’m Spirit. I’m here to know mySelf as Spirit, as Soul’ OK? - if you have that priority right then guess what? The things of the world are added unto you and we’ve been told that, you know? The Christ, Jesus told us ‘First seek ye the Kingdom of Heaven and all things shall be added unto you,’ OK?”

“We know What the Kingdom of Heaven is, OK. It’s not an airy fairy pie-in-the-sky thing. It’s not the doctrine of churches. You know. It’s not the doctrine of synagogues or any other kind of organized religion. OK. But we know that Spirit is inside of us, OK. And the Kingdom of Heaven is within. My Father’s House has many Mansions and Those are the Levels that the Soul lives on. The Spiritual Heavens are within. OK. So we know That and if you make That a priority then the things of the world take care of themSelves but what we do is we try to attach and grab onto money and if we grab onto stuff, guess what happens? It can’t come to us. There’s no freedom. There no mobility. There’s no flow ... “

“... people get laid off from jobs. They get all distressed and they get all upset. Where are they? Where are they? Where’s their creativity? Where’s their ability to just go within, be resourceful with themSelves and start building what they want in their life and start giving it to themSelves and start creating - whether it’s a business; whether it’s a relationship etc., etc. - start creating the life that they want. There’s an opportunity there. OK?”

As Dr. Lane explained: “... I understand that this is a planet of fear. This (planet) is entirely based upon fear. And everything that happens here has that magnetic attraction upon it of fear, OK? ... we tend to feel safe in this world if we have more money, ‘we’re secure,’ etc. The more money we’ve grabbed

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Listen to Our Monthly Podcasts!!!

www.cosmostree.org

www.spiritcentral.org

May: “Success: What It Is,
How To Measure It, How To Live It”
(CD A 50)

June: “Have You KISSed Yourself Today?”
(CD A46)

Summer Semester

Checklist For Daily Living Class
5 Weeks Wednesdays 7:45-9:15pm
beginning August 5th

Learn to enhance your God-given days
to be with the Lord God

Please see Events Page in this issue
For More Details

“The Humility To Be A Student: A Participatory Satsang”

Dr. Lane began His April Satsang with a process. Our Teacher asked those attending the Satsang in person and via teleconference: “What are the three main characteristics of being a Student on this Path?” Answers included: “Worthiness, Love and Devotion”; “Love, Integrity and Surrender”; “Honesty, Trust and Receptivity”; “Loving God, Neutrality and Surrender.” Then, a little while later, Dr. Lane gave His answer: “Surrender, More Surrender and Even More Surrender. ...”

“Humility is a real major major part of being a Student,” Dr. Lane explained. Then, using examples based on Our Teacher’s conversations with His Students, Dr. Lane went on to give us what amounts to a Checklist for Living in Humility.

(1) “Humility is accepting the Gifts that you have been given. It’s accepting the Spirit, OK, and having the Humbleness to admit the simple Truth of God’s living in you as you. ...”

(2) “Part of being a Student is the Humility to know hey! You know, lay off yourSelf. Be easy. Don’t expect yourSelf to know ... Be kind to yourSelf. See that’s really important. ... “

(3) “Part of the Humbleness is the surrender of your way, OK. Do it God’s Way, OK? And ultimately you’ll make a fabulous discovery and that is that God’s Way is your way because that’s Who’s doing it anyway.”

(4) “[It’s] the Humbleness to line up with the Spirit you are. OK. If you’re in a struggle or you’re having antagonism towards anything or anyone, have the Humility to drop it ...”

(5) “... It [Humility] comes from our working It [our Spiritual Progression], our constantly refining

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Events Calendar

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Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. May 5, 12, 19, 24, 26; June 2, 9, 16, 23, 30 -- 7:30-8pm EST

Wed. May 6, 13, 20, 27; June 3, 10, 17, 24 -- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided

CALIFORNIA

Los Angeles area Every Wed. 7 pm

CONNECTICUT

Litchfield area Every Mon. 11am

ILLINOIS

Glenview/Chicago area Every Sun. at 5pm.

HAWAII

Hilo area Every Mon. 6:10pm; Meditation for Health and Well-Being last Fri. of every month 7pm. Please call (808) 937-5958 for location.

NEW JERSEY

Middletown area Call Center for details (201 456-3568)

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Sun., May 31, June 28 Special 2-hour Meditation 10:30am-12:30pm.

Meditation for Health and Well-Being-Tues. May 19, June 16 on the East Side & May 26, June 23 on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

Contact specific center for more information about these events

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield Call for details.

HAWAII

Hilo area First Sun. of every month from 4:30-5:30pm including Discussion.

NEW YORK

New York City Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84;

Last Sun. of every month from 1pm-2pm at NYC Center - Video Showing and Discussion

Brooklyn

Every Sun. 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

(5) It, our constant attention to It, OK?... We start to be familiar with it. We start to know what works. We start, for example, to know when to do Self-Talk; when to chant our Tones; when to do x; when to do y, OK; when to reach out to another Student, etc. And we start to learn. We start to learn about The Teachings. We start to see what the Resources are. We start to know the material more, OK. And we start to learn how to handle the questions we have, OK. And we start to know that 'hey! We need to go within. This is beyond mental stuff. I can get my answers mentally but it doesn't satisfy me. The knowing comes through the Upliftment, through the direct experience.' OK. And we also incur more and more of The Teachings, what we know, etc. so we're always working It, working It, working It. And there is that real commitment and that Inner Refinement. It's the Humbleness to keep at It."

(6) "It's the Humbleness also to give yourSelf the opportunity to come into your Knowing again; to recognize - recognize, to know again - Who and What you are, Which is Spirit ... So It's the Humbleness to give yourSelf this time and this time is called your life. Give yourSelf your life to come into the Knowing. ..."

(7) "Humbleness has a lot to do with owning up to 'hey! Yeah, I'm afraid and I'm still gonna continue.' ... It's the Humbleness to let yourSelf have the fear and the Humbleness also to do what you need to do. ..."

(8) "It's the Humbleness to accept and receive. OK. You know. And if you take a look at everybody's responses they're pretty much lined up to Commitment, Integrity, Worthiness, etc., OK, and Humble enough to know you are Worthy and not to run the ego stuff 'oh, no! I'm not Worthy' 'cause then God is always outside of you. ..."

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Dr. Lane Gives Talks In Madison, Wisconsin in September

This Fall Dr. Lane is giving Talks in Madison, Wisconsin as part of Our Teacher's Program of annual Speaking Tours. On Friday, September 25th at 7 pm Dr. Lane is giving a Talk titled "Health: Its True Meaning And How To Be Healthy" followed by a Meditation For Health And Well-Being. On Saturday, September 26th, Our Teacher is giving an Open Talk/Satsang (Spiritual Instruction) titled "Meditation On the Path Of Soul Transcendence: The Eternal And You." And on Sunday, September 27th Dr. Lane is giving "The 'TAR' Workshop: Trust, Allow, Receive."

In Madison, there is also the Opportunity to receive the ultimate Blessing - Initiation into the Sound Current on the Path of Soul Transcendence, which is the Way to truly know yourSelf as Spirit. Knowing yourSelf as Spirit is the purpose of human life. The Gift of Initiation is given through the Grace of Our Teacher, Dr. Lane. Initiations take place on Sunday, September 27th at 6 pm.

The cost for the Workshop is \$125 with payment in full or deposit of \$75 due by June 13 and balance due by Sept. 1; payments after these dates have a \$25 late fee. Workshop is \$150 at the door. There is a suggested donation of \$10 for the Open Talks (including the Meditation for Health And Well-Being). Please make check payable to: Cosmos Tree, Inc. and mail to Cosmos Tree, Inc., 1461A First Ave. - #182, New York, N.Y. 10075 or give to Area Representative; please be sure to include your name and phone number/email. All payments are nontransferable and nonrefundable.

For information and/or to sign up for the Madison Events, please call Wisconsin Area Representative Alice Shuman-Johnson at 608-838-7968; the New York Center at 212 828-0464 or your nearest Regional Center. For schedules, visit us at www.cosmostree.org and www.spiritcentral.org.

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onto the securer we are. 'We're building our future. We're building our future, you see?' 'I'm here and I'm building my future and I'm responsible.' Well, you know, 'homey don't play that' in Spirit. That's not how It's done. In Spirit, OK, there is none of that 'future,' past', etc. There's just 'entirely present,' OK? So if we're entirely present *each moment* we have everything we need at that moment. So what is there to be in lack of and what is there to be in fear of? You see? ... "

"... And we know that the Commander of all of God's Angels is the Christ, OK? That all the Angels of the Lord, God Himself have a Commander-in-Chief and that the Commander-in-Chief is the Christ. OK. And that Christ, fortunately or unfortunately, is available to Hindus, Moslems, Jews, Jains, Parsis and anybody else because It's that Consciousness, OK? So the Christed Consciousness in you can command the Lord's Angels. You have Dominion over all things. You have Dominion over and with all of Being and all of Creation, OK? Not to control and dominate, OK? But in a process of cooperation, OK? ..."

"But I do know that hey! God's given us a powerful, powerful weapon as it were – the weapon of choice. 'Oh! So, you mean maybe I'm choosing into things that don't serve me and don't lift?' 'Yeah' 'Oh! You mean worry, fear, panic and pain don't do it?' 'No. If it did do that you'd be far ahead of where you're at now. That doesn't work, OK?' What works is Loving Cooperation with the Spirit you *are*; with others; with acknowledging your power, OK? And – and this may be a little bit hard to take – but, heck, I'll say it - and I know it's a dangerous thing to say because it kind of gets confused if you're taking it on an ego basis, OK? But if you see yourSelf as the Source then guess what? There's nothing to grab onto out there. There's nothing out there so if you're the Source or - put it another way - if you're Spirit and God lives in you as you doesn't it only make sense that God supplies Himself? So what's the worry? What's the fear?"

"... God, in His Kindness and in His Mercy, He gives us the opportunity called human life to come to remember. You know, this thing human life - it's really interesting. There are so many Souls fighting in the Inner Worlds to get this opportunity to come onto this planet for one reason and one reason only - because as a Soul there's the knowing that this is the only place in the system where the Soul can go to Its Completion as Soul; where It can complete Its karmic journey. So this is a rare opportunity, OK? And the 'Economic Crisis' is about, OK, how are you using the scarce resource of this life? Because, let's face it, you don't know when you're going to get another opportunity. You have no clue when you'll be given human form again."

So Our Teacher asked: "... How are you going to use this rare resource, this thing called human life?" and reiterated: "... So the 'Economic Crisis' is a wonderful opportunity to get your priorities straight; to be there for yourSelf; to realize just how strong and powerful you are; to realize how loved you are; how cared about you are, OK?"

"So this "Economic Crisis" is an opportunity first of all and it's an opportunity to use this 'crisis,' to determine, OK, what's my priority? How am I gonna work it? Where am I focused? What attitude do I want to take towards life? And how am I going to see the world? And how am I going to see me even being supplied? OK? So this is an opportunity for growth. This is not an opportunity to fix a problem and then continue the same old way, OK? And I'm going to stop by putting it all in a framework, in a Spiritual Framework that is very important for you to know, OK, What we're dealing with. See, this is the power of Souls. Souls are so powerful that They are going to determine once again whether or not this planet will be pulled up as it has so often; so are we cooperating with Spirit? Are we going to learn or are we getting so outside ourSelves and so forgetful of our Origin?"

"See, we come from God and we're going to God but we're not going to go to God because we 'die'. We're just going to go to the same Frequency you were on *while in the body*, OK. But if we use this life to remember Who we are, to walk, as it were, on the Path retracing our steps 'out' and we trace them by going 'in' – 'in' and 'up', as it were - and returning on Home to God through the Sound Current, through that Initiatory Process, OK, then we've had all the success; we're fulfilling Life's Purpose and we are successful , OK?"

In conclusion, Dr. Lane noted: "There's a real opportunity [to come to know ourSelves as Spirit, as Soul]. We can go along with the planetary fear and scare and doldrums and worry and upset, OK? Or we can go with the lifting, the Grace – see, God's in every situation. God is in every situation. So this situation is packed with Grace – there's an opportunity here. This is golden. OK. Are we going to be smart enough to use it individually and collectively or not? And the choice is ours. And I lovingly encourage you all to make the choice to use this to lift and grow and move Spiritually? OK."

"And I do want to remind you that I've seen - I haven't really counted them - but I venture to say I've seen probably several thousands of funerals. I've never seen a hearse with a luggage rack, OK? And I've seen people die – some have died in my arms, OK? – and I get to see what the Soul takes with It and I do know that It takes Its Growth, Its Progression and Its Love of the Lord, God that It has (re-) acquired *while It's been in the body*."

Our Teacher then led participants through a process, asking each participant: "How are you going to personally use this 'Economic Crisis?'" "What are you willing to do to define yourSelf anew?" "How will you live your life differently?"

A Spirited question-and-answer session followed.

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"And just to share my process with you: My three were 'Surrender; More Surrender; and third was Even More Surrender', OK? So a constant state of Surrender, OK, and the power is in Surrender, OK. And being a Student means we surrender our agenda and give it on over to God and let ourSelves be moved with the Spirit and go into Giraffe Consciousness; being in Giraffe Consciousness where things are neutral. That was said a couple of times, too."

(9) "We have Neutrality. ... So It's not like 'Oh, my God! I should be further along' or 'Oh, my God! This is happening.' Someone very recently said 'I came to this Event but all this stuff came up. 'Well, you know, if you're working with the Light Of The Most High, guess what? The stuff is going to come up - anything that separates you from Spirit. So It's the Humbleness to know that and know What you're involved with and allow It to be worked in you so that you can regain your Freedom. ..."

(10) "... part of being a Student is that Humbleness of that Responsibility of having the Christed Consciousness and [of] being awakened, OK, and the Christed Consciousness is your will and God's Will One and the Same."

(11) "Part of being a Student and of having the Humility is to work the Teachings for really what They're set out to be. ... Being a Student of this Path means really using It for what It was designed for, which is for us to be Lovers of God ... The quiet Joy of being One with God. That's why we walk this Path and we walk It *exactly* as instructed and that's the Humility and it takes what all of you have said. It takes Integrity. It takes Commitment. It takes Surrender. It takes knowing that we're Worthy. And it takes Eternal Vigilance to keep at it..."

(12) "We need to have the Humbleness to know that when we're vulnerable and stand empty before God - that's when we're safe and that's when we're secure, OK. And allowing God into our lives and to live us and really to accept our own greatness , Which is our Godness – That's the key and That's the Humility that's needed and we'll stop with That."

A Spirited question-and-answer session followed.