



Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies Jan./Feb. 2009

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Join Us For An Hour Of Spiritual Instruction

**"Are You Keeping It
REAL?: A Participatory
Satsang"**

A Satsang
by Dr. Roger B. Lane

Jan. 7 at 6:45 pm EDT
Available At All Centers

Feb. 4 at 6:45 pm EDT

Please see our regular eblasts
for February title

Listen to Our Monthly Podcasts!!!

www.cosmostree.org
www.spiritcentral.org

Jan.: "You Are Worthy"

Feb.: "What Does 'The
Physical Resurrection Of The
Dead' Mean?"

The Story of Christmas: Holiday Satsang 2008

Dr. Lane began His Holiday Satsang by thanking the many Initiates who had been of Loving Service throughout the year. Then Our Beloved Teacher began His Holiday Satsang: The Story of Christmas "in terms of the inner meaning of the story."

Dr. Lane began by explaining that "Jesus was born in a manger, really amongst the lower instincts, the basic selves in this world. ... The Immaculate Conception has to do with Spirit and matter uniting. The matter is the Soul That's in matter and [They] come together in the Divine Marriage: Spirit or God and the Soul. The coming together brings forth the Christ Child, the Christed Consciousness. ... You are engaged in just That as an Initiate on the Path of Soul Transcendence: your Soul and Spirit coming together to bring forth the Christ within you."

Our Teacher further explained: "We get the great Demonstration Jesus gave on the Cross. He gets crucified. Why does He get crucified? It's part of God's Plan and He's showing us that 'Hey! We all get crucified in the ego, in time and space' and so any identification with time and space, with our thoughts and feelings - if we think they're real we're going to get crucified. This is what separates us from Spirit. ... The Tree of Life is within us and we access Its branches through the Way that the Christ Demonstrated, Which is to use everything to go into our Resurrected Body. ... He came here to bring a focus and a Demonstration that we're all to go through this Process of being Christed. ..."

"... We come into the Christ Consciousness by choosing God. What is the Christed Consciousness? It's the alignment of our will and God's Will. They're One and the same. ... And now He's saying 'OK. I am the Word made manifest. If you see me you see the Father.' He's saying 'Uh oh. Wait a second now! ... God is in the world. God is in the world. There's a living God.' This is a profound breakthrough ... [When] ... He says 'No one comes through the Father except through me' now He wasn't being an egotistical guy personally as Jesus. He was talking about the Christ, OK. That That is the Way. It's through your Christhood. And, see 'I hold the Sound Current so it's only by that Initiatory Process into the Sound Current that a Soul can come to the Father. ... You live in the Unipolar Existence of the Holy Spirit, of God. See, That's the Christhood. ... So I have to come to this most negatively-charged place, take Initiation and 'woah! ... have a chance to break into Eternal Life, the Golden Opportunity where I'm free of having to reincarnate. ...'"

"... And when we go in the Spirit and we see and know ourSelves as God and see and live in the Soul Body, fear has no place. ...We know when Jesus the Christ left His Body

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"Dear God - Do I Really Have To Get My Hands Dirty?: A Participatory Satsang"

At the outset of the December Satsang Our Teacher led the participants through a process enabling them to experience being worthy of God's Love and that we are, in fact, God's Love; and, also, how to let go of anything that is not of the Light Of The Most High and receive God's Grace.

Dr. Lane then explained that what each of us had just done was to take responsibility for being the Spirit we are. Or, expressed another way, we "had gotten our hands dirty." We had chosen to focus into the Spirit we are and had "gotten involved."

In referring to the "stress" that we may experience in our daily lives, Our Teacher observed: "Stress has to do with the stress of misidentifying with who you are. ... As Hu-man beings we have built-in stress indicators. We know when we are outside ourSelves. We need to go inside, focus on the Spirit we are and give away the pain, fear, doubt, etc. ... The stressors have no ability to stress unless we give them our energy and then we are going outside ourSelves."

Dr. Lane noted: "If I validate mySelf by the size of my checkbook then I am living a lie. Abundance has to do with aligning our will with God's Will. ... The good thing about the economic crisis is that it gives people the opportunity to go inside and know we are supplied. (But) we have to make the effort." This involves "doing Self-Talk; allowing the Light to come into that area; and by taking care of mySelf."

"God has given us Initiation," says Dr. Lane. "He reminds us the door is open. He loves us so much He doesn't take us through the door. In His kindness and Loving He gives us the choice. It's up to us to go through the door. We have to make the effort. ... You can't have the (Spiritual) strength without 'getting your hands dirty'."

And Our Teacher asks: "If I am Spirit how does God not give and source Himself? God is in there. It doesn't matter how things look outwardly. We've all been backed up against the wall and turned to God but We need to keep reminding ourSelves that we are not our thoughts, feelings and emotions. ... The Teachings of thePath of Soul Transcendence involve 'Letting go of (our) volition every time' and we allow

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"The Teacher: With You, Instead Of You Or Excluded By You?: A Participatory Satsang"

At the outset of His November Satsang, Our Teacher asked the participants to go inside and ask themSelves these three questions:

- How do you work with your Teacher?
- How do you have the Teacher do the work instead of you?
- How do you exclude the Teacher?

Several of those present then shared their observations. These included realizations such as: "I work outwardly more than inwardly;" "I don't let the Teacher do the work with me;" "I enter into karma and negativity;" "I get involved in a power struggle;" "I don't take responsibility;" "I get angry and cut mySelf off."

Dr. Lane explained that "the Teacher is the physicalized form of the Lord, God. ... (And) the Teacher is inside you. ... When we work with the Teacher we are doing something super important here. The Teacher stands at the Positive Polarity. ... When we work with the Teacher we are creating and owning up to our Power."

Our Teacher emphasized: "You have the same Power that I do. We have the same Spirit. You can do it and you need to do it. You are exercising the Power of Choice. You are co-creating with God. ... When we choose into karma the Spirit is not the teacher. Then karma or the physical (world) is." And Dr. Lane cautioned: "There can't be any Action of Grace if you chose into karma. OK. Because it goes against your volition. It goes against you and God doesn't do anything against you. If you open to the Spirit inside and say 'help!' you are opening into an Action (of Grace). If you open to your 'stuff' God says you can have your stuff. ... The role of the Teacher is to help you with choice."

Dr. Lane noted: "The ego always struggles against the Spirit. ... And the way the ego is set up, it looks like we're individuals and it looks like we're isolated beings and it looks like that we're occupy(ing) different space - though at the same time - and it looks like nothing we do is unified with any other being on this planet, OK?"

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Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. Jan. 6, 13, 20, 27; Feb. 3, 10, 17, 24 -- 7:30-8pm EST

Wed. Jan. 7, 14, 21, 28; Feb. 4, 11, 18, 25-- 4:30-5pm EST

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided

CALIFORNIA

Los Angeles area Every Tues. 5:30pm

CONNECTICUT

Litchfield area Every Mon. 11am

ILLINOIS

Glenview/Chicago area. Every Sun. at 5pm.

HAWAII

Hilo area Every Mon. 6:10pm; Meditation for Health and Well-Being last Fri. of every month 7pm. Please call (808) 937-5958 for location.

NEW JERSEY

Middletown area Call Center for details (201 456-3568)

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Sun., Jan. 25, Feb. 22 Special 2-hour Meditation 10:30am-12:30pm. Meditation for Health and Well-Being- Tues. Jan. 20, Feb. 17 on the East Side & Jan. 27, Feb. 24 on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

Contact specific center for more information about these events

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield Call for details.

HAWAII

Hilo area First Sun. of every month from 4:30-5:30pm including Discussion.

NEW YORK

New York City Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84;

Last Sun. of every month from 1pm-2pm at NYC Center - Video Showing and Discussion

Brooklyn

Every Sun. 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

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that That Consciousness was distributed ... and was put with all Souls so all Souls have That within. ... We're told that the Kingdom of God is at hand and that the Kingdom is within. ... The Christed Consciousness is about the Living God and It's about bringing It into our lives on a daily basis."

"... The story of Jesus is the story of the Journey of a Soul to its Christhood, into one of Joy, into one of Compassion by knowing It is the Light, by holding those around It to the Light Of The Most High That It is by Walking the Path. ... The Gift of of Kindness; the Gift of knowing who you are. These are Gifts of Spirit and the ability to love ..."

"... So the story of Jesus ... [is] that God is here ... and deserves to be celebrated not like most people do once a year but ... every day and every moment of every day and the celebration is being with God, being with Spirit, being with the Joy that we are. It's magnificent and Jesus gave us a sense of the magnificence of life, how sacred it is, how wonderful and special it is and how awesome. ..."

Dr. Lane concluded by leading those present in a three-fold Process. Dr. Lane began: "Let the Gift that the Christ in you wants to give to you spontaneously arise." Then, after those present had completed Step One, Our Teacher continued: "Now let it spontaneously arise from the Christ within, a Gift to two people in your life of a nonmaterial nature." In conclusion, Our Teacher advised: "You're free to make a representation of this and give that person that gift. I suggest that nonmaterial aspect you give to that person not just on Christmas but everyday."

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the Will of God to operate and be there. ... Success is loving God. ... There's a lot of truth to the saying that 'Success comes from hard work', (from) choosing moment-to-moment."

"Pain, fear, doubt, hurt are just wonderful excuses not to be Who we are, which is Spirit. They don't absolve us from our responsibility."

In conclusion, Our Teacher reminded us: "You have a choice. You can either walk through this life not being involved in the Lifting Process on a moment-to-moment choice or you can get your hands dirty. Get 'in there' and work with God. Work with the Spirit you are. Work out of loving Compassion just like God works with you. Just like The Teacher works with you. And we have to walk through this life as if we're walking on eggshells or as if we're wearing kid's gloves, you know? We're not to permit ourSelves really to be involved in the negativity of this planet and within ourSelves, OK? But if you notice, we're not doing this on a mountaintop. We're not doing it in a monastery. We're doing it where we live in cities and towns, in the workplace, that sort of stuff. And we're doing it within ourSelves where all of Being sits and rests. OK. So negativity is the dirt. You're going in there and exercising your responsibility and focusing into the Spirit, into God. That's how you hit paydirt. That's how you hit paydirt. And Allowing - the Allowing of Grace."

And, Dr. Lane emphasized: "That can only come if you place your Consciousness in the place of receptivity."

A spirited question-and-answer session followed.

Our Winter Semester: Everyday Evolution I

January 21 - March 25 for Ten Weeks Wednesdays from 7:45 pm to 9:15 pm

Learn to let go of the negative and focus into the positive; Change habitual patterns that no longer serve you;

Eliminate beliefs, patterns and attitudes that you have allowed to limit you and your life; See Events Page for details

Our Spring Semester: Weight Loss Class

March 30 - May 18 for Eight Weeks Mondays, 7:45pm to 9:45pm

Let go of negativity/your attachments; Focus into the Spirit You Are; Trust, Allow, Receive; Love Yourself; Stay Present

Cost: Deposit \$62 for Classes 1 and 8 and additional payments of \$31 for classes 2-7 or \$240 for series if paid in full when registered for. Students enrolled in the Seminary or \$63/\$31.50/\$245 for all others. All payments are nonrefundable and nontransferable. Please make checks payable to CRASS.

Special New Year's Day Meditation Of The Light Of The Most High

Thursday, January 1 at 6:10 pm

Learn to allow inner quiet; Be with the Divine in you; Let go of stress; Release negativity; Send Healings and Blessings; Ask for personal clarity and guidance in your life

Our Premiere 2009 Doubleheader Thursday, January 22

A One-Hour Meditation Of The Light Of The Most High at 6:10 pm followed by a 20-Minute Meditation For Health and Well-Being at 7:45 pm

Call 212 828-0464 for information; 201-456-3568 to register for Classes

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"We know that the illusion of separation is what causes us the hurt and the pain. We know the ultimate manifestation of that is what's known as death and that illusion and why it drives us here on the planet until it doesn't. OK? And drives the ego because we live this life against the background and the backdrop of quote dying and death. OK? Until we know from the Spirit we are that 'Hey! That thing called 'death' doesn't exist.' That that is a 'natural' consequence of our 'natural' error that's totally unnatural. OK? And that is we identify with the body, with our thoughts, with our feelings. If we identify with the Spirit we are, then guess what happens? This thing called 'death' doesn't enter into play. Yeah, we drop the physical body, of course. OK. But the Spirit that we are and the reality of the Spirit - that doesn't die, OK? And the ego is always battling the Spirit. We have the civil war because if you give over to the Spirit the ego experiences It as death."

"When we choose into karma we don't feel as good but it's what we are used to. ... If you choose into karma you can't allow His Presence," stated Dr. Lane. "All you have to do is let go and allow the Action of Spirit. ... You have to put your Consciousness in the 'place' to receive It. ... We have the freedom to choose where we are going to place our focus. ... You have to choose the focus that allows the Action of Spirit."

Our Teacher noted: "We get into trouble thinking this is 'my life; I own it.' ... But this life is a Gift from God. The Soul comes into the body so It can come to know Itself as Spirit. The moment I make it 'mine' I am back to ego."

In conclusion, Our Teacher reminded us: "Walking the Path of Soul Transcendence we get to have the life we want. We get to not be bogged down in our thoughts and feelings. We get to see we are loved and cared about. We get to accept that we are powerful, that God is in us. ... The Power is in the surrender. ... God, in His Kindness and Mercy, gives us a way to go Home. If you want to be with God you have to act accordingly."

A Spirited question-and-answer session followed.

The Seminary's Third Graduation

On December 20th 2008, the Seminary Division of CRASS held its third Graduation during which Don Baxter became the first Student to earn a Master of Science Degree in the Science of Spirit. The ceremony was attended by Don's family and friends including Fellow Initiates, many of whom are also Seminary Students.

The ceremony began with Claire Julian, the host of the Ceremony in the tradition of being the next Seminary Student to graduate, introducing the Processional which took place to the tune of "Pictures Of The Soul" by Karen Baxter, Don's wife who holds a Master of Divinity Degree from the Seminary. The Processional was followed by Blessings and Opening Remarks by Our Beloved Teacher, Dr. Roger B. Lane, who is the Founder/Director of CRASS and the Dean of the Seminary. Dr. Lane called in the Light Of The Most High and asked that It be sent to all Souls on this planet. Dr. Lane also asked for a Blessing of strengthening to all Souls on this planet; a Blessing of enthusiasm; a Blessing to all those engaged in a Seminary Program and a Blessing to the focal points of God's work on this planet - the Seminary and CRASS. "You may just want to receive all that," Dr. Lane said.

In Dr. Lane's Opening Remarks, Our Teacher spoke about the main reasons for having the Seminary. "It acts as a foci for several aspects of God's work here on the planet," Dr. Lane said. "It involves people who would like to come to know themselves as Spirit," whether or not they choose to formally walk an Initiatory Path; to introduce a model of learning based on direct knowing and scholarship vs. the boring model of regurgitating facts. "It's a mastery of learning devotion; of learning commitment; and of learning to respect yourself and honor yourself," Dr. Lane said.

Dr. Lane then announced that The Seminary is introducing a Doctoral Program with different degrees and concentrations in Areas such as Archiving, Pastoral Counseling and Ministerial Service.

Then Don Baxter shared his thoughts on the process of creating his Thesis titled "The Teacher: An Experience Of Worthiness, Love And Helping The Fearful To Move Into Receiving Grace." Don began by thanking Dr. Lane, Our Beloved Teacher. Don thanked Dr. Lane for teaching him the way that he learns, which is by opening his heart and experiencing The Teachings directly.

Reading from his Thesis, Don said that he "gained a heightened understanding of his True Purpose" and "adoration of the Beautiful Soul residing in the Consciousness of God and physically in the body of My Beloved Teacher whose presence moves me at every moment." He learned that God is taking a personal interest in His Life; "if we allow anything other than God in our lives we get stuck." We truly limit ourselves. Don also spoke of wanting his Work to encourage people to take Initiation; to give themselves everything that Initiation is; and for those who have taken Initiation, to help Them in their Progression and to support Them in staying on the Path.

As Don noted, his Thesis proves that an individual's relationship with the Spiritual Teacher varies directly with his or her own Worthiness level or Worthiness of God. Don's favorite parts included working more closely with his Teacher; interviews with five Fellow Initiates; and seeing how much They love Our Teacher. Don spoke of his recognition that he was with God while his body was doing the interviews; and he concluded by emphasizing that "As a society it is very important that these Beings known as Initiates are supported on all levels - ethically, governmentally, financially - in their choice to live in complete Integrity. Society's level of support indicates its own knowing it's worthy of being with God. Also without question because God is our Divine Inheritance and our only reason for being it is imperative that we support the Spiritual Teacher who leads these courageous Beings to God."

Before Dr. Lane awarded the Diploma, Our Teacher spoke of Don's Work as a remarkable example of both scholarship and inspirational writing. "Don did important work on where people go off," Dr. Lane said. "He studied the Teachings and got to see the problems of the ego and Spirit and with the Teacher." Dr. Lane discussed Don's hypothesis: Our ability to work with The Teacher is directly proportional to our own sense of Worthiness. "Don helps to get at the simple truth that how can we be unworthy if God lives in us as us?" Dr. Lane said. Our Teacher also praised Don's focus on the importance of support for people to focus on Spirit - be it financial or government-based. "There needs to be a whole attitudinal shift and it needs to be central - this is the purpose and the focus of our life."

Dr. Lane then awarded Don a diploma after which Don presented the graduating class gift - a donation to CRASS as well as research on keeping the legacy of The Teachings going forever by way of a life insurance plan, the proceeds of which would be "a large dollar figure over a period of time" and to which all Initiates and supporters of CRASS are encouraged to contribute on a regular basis.

Anna Falco-Lane, President of the Board of Directors, presented a gift in honor of the Graduating Class - a contribution of \$100 per graduate towards a CRASS Scholarship Fund that Dr. and Mrs. Lane founded two years ago and that is open to anyone else who would like to contribute, continuing the tradition of contributing an equal amount for each graduate.

This was followed by a Recessional to the tune of a recording of "My Teacher" by Karen Baxter. A reception followed.