



Spirit Central

Timely information for friends of Cosmos Tree, Inc. and The Center for Religion and Advanced Spiritual Studies April 2008

Contact Us

Home Center - New York City

mail:

Center for Religion and Advanced Spiritual Studies

or

Cosmos Tree, Inc.

1461A First Ave. - #182

New York, NY 10075

212-828-0464

email: spiritcentral@yahoo.com

websites: www.spiritcentral.org

www.cosmostree.org

Regional Centers

Connecticut

Litchfield County area

Marilyn Grossman

203-981-1030

Hawaii

Hilo area

Dewi Lim

808-937-5958

Illinois

Glenview (Chicago) area

Karen Fiala

847-414-6462

New Jersey

Middletown area

Karen Baxter

201-456-3568

Mexico

Queretaro area

Barry Lippman

011-52-442-224-3042

from the US

347-448-2310

“Mirror, Mirror On The Wall - Did I Really Create It All?: A Participatory Satsang”

At the outset of His March Satsang, Our Teacher stated that He would speak about “something that happens in Consciousness and why it is important.” But, first, Dr. Lane led those present through a process designed to allow us to have that experience. Several participants then shared their experiences with the group.

Our Teacher then explained what is referred to as the “cosmic mirror”: “We all have thoughts and feelings. But when we are ‘dead’ or ‘asleep’, so to speak, in this dream that we call life we don’t know that we are powerful creators. The thoughts and feelings that we have are reflected back to us. Because we are ‘asleep’ we don’t know it’s a mirror. We take those thoughts and feelings as real and we don’t realize that we created them.”

Dr. Lane gave the following examples: If I have the thought that “life is hard and then you die,” that will go into the mirror and I see it as reality. So, I am going to cut off having any fun because it has to match what is reflected back to me - “life is hard” because, being asleep, I think it is real. Or, if I were owed money by someone who has failed to pay it back, I may interpret that as he thinks I am a bad person. This thought then goes into the mirror as the seeming reality of “I am a bad person” - and I feel that I have to keep proving that I am not or that I have to teach him a lesson. If I am caught in the mirror I may have to do something about it because I think it’s real. The same mechanism is at work with our thoughts and opinions and feelings about God. We think they are real and that God really is like that. People, thus, know God by reflection - through the illusion of our karmic fields - rather than knowing God through *direct experience* as a Soul Initiated into the Light of the Most High.

“Why,” Dr. Lane asks, “is this so critical?” Because, Our Teacher points out, “As long as you are caught in the mirror you are not free; you are in bondage. ... The mirror can only hold what we create ... and we are totally responsible for what we’ve created.” Our thoughts just keep going around and around. The mind loves to have thoughts and be busy.”

So, Dr. Lane asks “What is the solution to all this? ...What is the remedy to being asleep, to being under anesthesia?”

Our Teacher reminded us: “The remedy to being under anesthesia is the opportunity of taking Initiation and *moment-to-moment* loving God.” And,

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Our Spring Semester

The Teachings Class - Wed. Apr. 2 for 10 weeks

See Events page for more information

Annual Celebration of Our Teacher’s Birth - A Loving Lesson in Surrender

On the last Sunday of February, Initiates of the Light of the Most High gathered in New York - and teleconferenced in from around the country and Mexico - to celebrate Our Teacher’s Birthday, which is the Celebration of the Presence of the Lord, God in this world in the Form of Our Teacher; and of Our Beloved Teacher’s Presence as a Gift from God so that Souls may go Home to Him *while still in the body*. And there is a Way, which is the Path of Soul Transcendence as brought forward by Our Beloved Teacher.

As Dr. Lane began His annual Birthday Satsang (Spiritual Instruction), Our Teacher admitted that he had to surrender inside Himself in order to “work” on His birthday. This was Our Teacher’s way of introducing the topic of the Talk: Surrender - how we work It; how we perfect It; what happens and why. “This *is* a Path of Surrender,” Dr. Lane said.

“When we Surrender we reinforce that *we are* Spirit and come into the knowing of who *we are*,” Dr. Lane said. Dr. Lane further explained that we surrender everything that separates us from the Spirit *we are*. This includes thoughts, feelings, mockups of how things should be, etc. “I need you to accept that you’re okay and what you’re surrendering is everything that stands in the way of your knowing that and knowing yourSelf as Spirit,” Dr. Lane said.

Moreover, Our Teacher said that we Surrender so that we can get our power back. “The power is in Surrender,” Dr. Lane said. “When you Surrender what are you doing but Surrendering to Grace? Isn’t that a nice way to go? But you’re leaving yourSelf open to Grace even if you don’t know what it is ...” Dr. Lane strongly emphasized the importance of our being consistent in our choice to Surrender - which means choosing *moment-to-moment* to let go and to stay present.

“When we Surrender,” Dr. Lane went on, “we start to come into the part of us that is really Joyful ...” Sometimes, Dr. Lane explained, we feel a dreariness that comes from not knowing that we’re okay, that we’re Worthy “so we chuck out the things of Spirit. And when we Surrender we’re reinforcing things in us, we’re celebrating ... that God cares about us and that we are loved ...”

“When we Surrender more,” Dr. Lane continued, “we start to live more in the simple Truth that God extends Himself and all we have to do is be present. ...”

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Join us for an hour of Spiritual Instruction!
“Beyond The Mirror: The Reality of HUmankind And The Power Of Choice: A Participatory Satsang”

by Dr. Roger B. Lane
Wed, Apr. 2, 2008 at 6:45pm EDT

Available At All Centers and

Listen to this Month’s Podcast of Spiritual Instruction with

Dr. Roger B. Lane

“Are You A Victim of ‘Victimhood’?”

Events Calendar

Fulfill Your Destiny:

Fulfill Your True Purpose

Request a FREE copy of Dr. Lane's *The Sound Current: The Path of God-realization* (what we affectionately call "The Blue Book".)

In this booklet, Dr. Lane explains the priceless Gift available to all. With numerous historical references, this little book explains the Sound Current, karma, the Law and the Way Home.

Call or write today for your free copy.

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editor

Melissa Sones

editorial staff

Karen Baxter

Barry Lippman

advisor

Dr. Roger B. Lane

SpiritCentral

1461A First Ave. - #182

New York, NY 10075

212-713-5398

e-mail:

spiritcentral@yahoo.com

websites:

www.cosmostree.org

www.spiritcentral.org

OPEN HOURS

Opportunities to speak with Dr. Lane and to experience personal and Spiritual growth and the lifting into the "positive" energies. Call any Center for info. and call-in number.

Tues. April 1, 8, 15, 22, 29
-- 7:30-8pm EST

Wed. April 2, 9, 16, 23, 30
--4:30-5pm EST

Contact specific Center for location and more information about these events. See front page for contact information.

MEDITATIONS

Doors close five minutes prior to times listed. Instruction provided.

CONNECTICUT

Litchfield area Every Monday at 11am

HAWAII

Hilo area Every Sunday 3pm;
"Meditation for Health and Well-Being"
last Friday of each month at 7pm.

ILLINOIS

Glenview/ Chicago area Every Sunday at 5pm

NEW JERSEY

Middletown area - "Meditation for Health and Well-Being" every 2nd and 4th Wednesdays - call Center for details.

NEW YORK

New York City Every Mon., Wed. (except first Wed. of the month) and Thurs. 6:10pm; Special two-hour Med. last Sun. of the month at 10:30am; "Meditation for Health and Well-Being"- Tues., Apr. 15 on the East Side & Apr. 22 on the West Side (200 W. 90th St, #10A)

MEXICO

Queretaro Call for information.

VIDEO SHOWINGS

The 22-part VIDEO series "Understanding the Spirit You Are" is available for viewing

or purchase at all Centers and for viewing on cable television stations listed below.

CONNECTICUT

Litchfield area Call for details.

HAWAII

Hilo area

First Sunday of every month from 4:30-5:30pm - including Discussion.

NEW YORK

New York City

Every Fri. 3:00pm on Time Warner - Channel 57; RCN - Channel 84; the last Sun. of every month 1-2pm at NYC Center including Discussion

Brooklyn

Every Sunday 3:30pm
Cablevision - Channel 69
Time Warner - Channel 56

Teacher's Birthday Celebration continued...

Everything has to do with Health and Wholeness and Oneness, coming from Integrity."

And when we're Surrendering, Dr. Lane said, "we're Surrendering to the Power That We Are which is to be Co-creators with God for the Highest Good. That's our responsibility. We're co-creators." Dr. Lane reiterated that this means letting go of our thoughts, feelings, doubts, etc., "because every moment of something being presented

After the Washing of the Feet, Dr. Lane opened the many gifts given to Him by His Initiates, both individually and as a group. The gift given by the group consisted of a portable digital recording device as well as funds and frequent flier miles for Our Teacher to travel to give Satsangs, Workshops and Meditations. This will help spread the Word about The Teachings; and, most importantly, for those who donated money, it was an opportunity for them to see that it's not really the money (there is no "money" "out there"); rather, it's a beautiful Gift given by Our Beloved Teacher in the form of an opportunity to give to ourSelves by reinforcing inside ourSelves the LOVE that we are. The opening of the gifts was followed by refreshments and a rendition by Rev. Karen Baxter of her Loving song, "My Teacher."

As we Initiates were leaving the Center, Dr. Lane handed each one of us a candy bar as a gift; and, as Our Teacher did so, He gave each one of us yet another Loving Lesson: "The Sweetness of Surrender," Dr. Lane said.

Begin this joyful journey now by calling your nearest Regional Center and requesting Initiation into the Path of Soul Transcendence.

to you is an opportunity to get free, to regain some of the freedom you've lost from your choices."

"And when we Surrender," Dr. Lane continued, "we Surrender to the Teacher. You surrender to God in the Form of the Teacher that's inside of you. Yes, there's an Outer Manifestation because the Soul is confused," Dr. Lane said, "but, in Reality, He lives in us as us."

Dr. Lane then lead us in a Process by which Our Teacher asked us to Call in the Light of the Most High and ask this Light to take anything that we need to Surrender and to tell our basic selves (the part of us that bring forward our karmic patterns) to let it go! Through Surrender of our habitual ways of being, Dr. Lane said in summary, we keep our inner environment clean; and this is how we honor the Teachings and we honor The Teacher.

After His Talk, Dr. Lane asked us to participate in the only ritual that we, as Initiates, participate in - the Washing of the Feet - which we do as an opportunity to Surrender to the Spirit we are and to re-commit to that Spirit. Afterwards, those present described their experiences which included: like floating on water; not wanting to stop; like a Divine Walk, being enveloped in LOVE.

Satsang Summary Continued...

Dr. Lane inquires: "... Are you going to (continue to) worship the confusion of what you see in the mirror? ... When we move into Love the solution comes through the moment you give it up."

Dr. Lane suggests: "Give yourSelf the opportunity to be present with yourSelf and give up your creations. ... The seeming reality of what is in the mirror needs to give way to the reality of What's behind the mirror. We need to spend each moment aligning our will with God's Will and God's Will is that we love Him. We can't love Him if we worship our creations in the mirror."

A Spirited question-and-answer session followed.